ABSTRACT:

THESIS: Digital Interruptions Amongst the Millennial Generation: Task Performance and Emotional Effects

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The use of portable digital devices in the United States is increasing. With this increase in digital technology use comes an increase in interruptions between digital users. This study explores whether interruptions caused by a digital device evoke an emotion from members of the Millennial generation. In addition, this research aims to determine whether an interruption during a task causes a reduction in task efficiency amongst Millennials. The findings from this study can provide corporations and educational institutions with information about how portable digital technologies might affect the productivity of Millennial employees and students.