Healthy Homes, Healthy Life

An Honors Thesis (Honors 499)

By

Kelly M. Cannon

Thesis Advisor

Angela Cox

Ball State University
Muncie, Indiana

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Abstract

Nursing is a profession that encompasses a vast expanse of areas. An important area of nursing that is often overlooked is community health nursing. One of the greatest ways a nurse can impact the community is through education. In this project, I have created four lessons for the Marion County Health Department. Each lesson consists of a PowerPoint that includes review questions, a fact sheet, and a presenter's guide. These lessons will be presented at monthly community meetings in at-risk communities. Through this project, I hope that the participants gain knowledge that will help them keep their homes safe and healthy for years to come.

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Finally, I would like to thank my friends and family who have supported me and pushed me to succeed.
Honors Thesis Author’s Statement

The honors thesis I have chosen is a project that integrates very well with my major. I plan to research health and home related topics such as bed bugs, fire prevention, and asthma and allergies among others. With the information gained from my research I will create a series of lessons that will consist of a short PowerPoint presentation, fact sheet, activity, and an instructor guide to presenting the program. I will complete four of the lessons as my thesis project. These lessons will then be given to the Marion County Health Department where the housing department will use them as educational materials for monthly town hall type meetings in low income neighborhoods. Hopefully, these mini lessons will help to increase the safety and health of the residents in these low income neighborhoods.

I want to complete this project because it is very relevant to nursing, and very relevant to my career goals to become a home health nurse. This project will help me broaden my research skills and learn to create materials for the general population, not just for college educated professionals. I am already a creative person, so this project allows me to use my talents in a way that will help others learn. My end goal for this project is to create lessons that will not only help the target audience in the low income neighborhoods, but also be a basis for teaching lessons that I may do with my own clients in the future. Hopefully others will also be able to use my lessons to help teach these valuable health and safety lessons in their own communities as well.
Bibliography


