DEBT MOUNTAIN
the millennials’ guide to climbing out of debt

TIPS
- Get the right attitude
- Sell your stuff for a quick pay off
- Look at Mint.com
- Live frugally
- Remember it’s okay to ask for help

STATISTICS
- $23,000 // Average student debt
- $15,270 // Average credit card debt
- $45,000 // Total average debt
- 16.3% // Unemployment rate
- 40% // Stress increase from dealing with debt