**Building a Healthier Muncie – One Company at a Time**

*Sallie Mae*
- Committed to improving the health and wellbeing of employees
- Increasing workforce by 200 employees
- Expanding physical space of overall building and the onsite fitness center
- Considering hiring a full-time wellness coordinator

**Ball State/Fisher Institute (Wellness Management)**
- Varied undergraduate backgrounds among student cohort
- Learning by doing: Co-produce a strategic plan to guide employee wellbeing practices
- Identifying opportunities for continued partnerships

**Fitness Incorporated**
Encourage Sallie Mae employees to use the onsite fitness facility for short breaks as well as for regular exercise

**Champion:** Keri Stephenson
**Students:** Amy McGaughhey, Shauna Sadler

**Self-Watch**
Create a supportive environment that elicits a positive shift in healthy living and self-care so employees have an opportunity to be healthier and more productive

**Champions:** Genny Johnson, Ryan Painter
**Students:** Derek O’Neal, Ty Whitcomb

**Sallie Mae Cares**
Immerse employees into the community through volunteering by encouraging employees to provide their time and efforts to better their local neighborhoods

**Champions:** Allison Richards, Janet Wright, Brenda Lloyd
**Students:** Jessica Edenfield, Rachel Keistler