Happy fall to you! As I write this, it is an 80 degree October day (yes, 80 degrees!). This is the capper to an unpredictable season of odd weather. The summer got hot, hot, hot early. The storms across the country were crazy, and the natural disasters just piled up on each other. From droughts out west to flooding in the midwest to hurricanes out east, what could happen did happen. As you probably know, the mid-Atlantic area experienced an earthquake last month. What you may not know is that we felt the tremors here in Muncie! It was typically only felt in high rise buildings, so TC started to vibrate. I have absolutely no need to experience anything stronger than that, nor do I need to be on the sixth floor if it happens again.

Each fall, BSU announces a series of University faculty awards at the opening faculty meeting. Over the years, several members of the CPSY faculty have received one or more of these awards. The past three years, Larry Gerstein, Charlene Alexander and I, in turn, have been honored. This year, I am pleased to announce a fourth winner. Donald Nicholas received the University Outstanding Faculty Service Award. He has been instrumental in service to the department, the university, and community and the profession as a whole. Don helped develop the holistic wellness model used at the Fisher Institute for Wellness and Gerontology on campus. He served as their research director for several years. He developed our health psychology curriculum, using the practicum opportunity at what is now the IU Health Ball Memorial Hospital campus. A number of doctoral program applicants apply here each year because they really want to work on his research team. Believe it or not, he has chaired around 40 dissertations over the years! In addition, he has been involved with the National Cancer Institute’s Palliative Care Board since 1998. He travels regularly to Washington, D.C., to attend Board meetings, and has been instrumental in editing a significant amount of content on the website associated with the Board. I could go on, but you get the point — this award was long overdue and well deserved. Congratulations, Don!

In other news, the clinical mental health and school counseling programs received two years’ reaccreditation from CACREP. With the recent change in CACREP standards, we have some relatively minor changes to incorporate, but once that is done we expect to be accredited for seven years. Thanks to Drs. McGovern and Alexander for all the work they put in over the last couple of years to get us ready to go. At the same time, Teachers College experienced its own accreditation visit from NCATE, passing with flying colors. But, you know the fun never ends with accreditation; the rehabilitation counseling and counseling psychology programs are due for visits in 2012-2013.

Two CPSY alumni serve on the TC Alumni Board right now: Chris Carr and Denny Morrison. We really appreciate their willingness to take time out of their very busy professional and personal lives to serve on this committee. And, as you will also see elsewhere in this issue, one of our own has been named one of the TC Alumni of the Year – Lt. Col. Jill Scheckel (whose undergraduate, master’s and doctoral degrees are from BSU!). We are truly proud of her accomplishments.

And finally, Dr. Jeong Han Kim, director of the rehabilitation counseling program, will be leaving us at the end of fall semester to join the faculty at Virginia Commonwealth University. We are saddened by this news, but understand his need to move on to the next chapter in his professional and personal life. We wish him and his family all the best in their new home.

—Dr. Sharon Bowman
Dr. Nicholas Receives Award

Dr. Nicholas is the recipient of this year’s University Outstanding Faculty Service Award. This award is given “in recognition of exceptional professional service.” Dr. Nicholas was recognized for his service to the Department, University, the community, and the profession. His commitment to service is a model for us all. Well done, Dr. Nicholas!

Congratulations Dr. Nicholas!

Dr. McGovern Receives Award

This year, Dr. McGovern was awarded the Outstanding Counseling Supervisory Practitioner Award from the Section for Supervision and Training of Division 17. This award is given to a member of the Society of Counseling Psychology who demonstrate superior commitment to supervision within counseling practice (vs. administrative or managerial supervision). Award nominees must currently identify as both a practitioner and as a counseling supervisor of trainees within their chosen clinical setting in one or more modalities (services of individual counseling, group counseling, outreach, consultation, social justice work, supervision of supervision, etc.).

Congratulations Dr. McGovern!

New Student Representative!

April Krowel (2nd year CMH master’s student) was appointed to serve as the Student Representative of the ACA Professional Standards Committee. Her term is 7/1/11-6/30/12. She was also re-elected to serve as the Treasurer of the Ball State Graduate Student Association. Her term again is 7/1/11-6/30/12. Congratulations April! We’re glad to have you representing us.
Dr. Gerstein Receives Awards

- This year, Dr. Gerstein received the APA Division 52 (International Psychology) Henry Davis International Mentoring Award (from left to right: Uwe Gielen [seated], Dr. Gerstein, and Dr. Ægisdóttir).
- Dr. Gerstein also was recently named the George and Frances Ball Distinguished Professor of Psychology-Counseling.

Dr. Gerstein and Dr. Ægisdóttir Awarded

At the recent APA conference, Dr. Gerstein, Dr. Ægisdóttir and three of their co-editors from other universities received the APA Division 52 (International Psychology) Ursula Gielen Global Psychology Book Award for their edited book: *International Handbook of Cross-Cultural Counseling: Cultural Assumptions and Practices Worldwide.*

Poster Presentation Award to David Adams

David's poster was one of the 2010 Student Poster Award winners from the Section on College and University Counseling Centers of Division 17, Society of Counseling Psychology. Congratulations for the award!

Summer Trip to Iceland!

Last summer several students had the opportunity to travel to Iceland with Dr. Stef. The purpose of the trip was to learn about Icelandic culture, learn about the Icelandic youth work program, work with youth in that program, and deliver some psychoeducational presentations to youth and group leaders in the program. They were in the town of Hafnarfjordur in Iceland June 25—July 11, 2011.

Part of this cultural immersive course (CPSY 645) was to explore Icelandic nature. The picture at the right was taken during a one-day snowmobiling trip on the Langjökull glacier.

Left to right: Dr. Stef, Josh Terhune, Abby Nethaway, Kathleen Niegocki, Desiree Howell, Alicia Harlow, Phillip Keck, Erica Hurley, and Brian Hart.
News from the Clinical Mental Health Counseling Program

A Message from the interim director of the CMHC program:

Welcome to all new MA students in our Clinical Mental Health Counseling Program and to our second year students and beyond. I hope you are having a good semester so far. When you have completed 30 hours in our program, it is time to take the content exam; this semester it was offered on October 21st. In addition to the content exam, be aware of the deadlines to apply for graduation throughout the year (along with the requisite $25 processing fee).

For the first year students, remember the Internship orientation meeting which will be held in beginning of Spring semester; the master’s assistants will be sending out a notification in the spring with the exact date. I wish you a successful year in our program and feel free to contact me as the interim director of the CMHC program this academic year.

-Dr. Stef.

Teachers College Outstanding Alumni Award

Lieutenant Colonel Jill R. Scheckel was awarded this year’s Teachers College Outstanding Alumni Award; congratulations Dr. Scheckel! Also, on October 24 she did a presentation on campus entitled, “Air Force Medical Service: A Professional and Personal Perspective”. She earned her undergraduate and graduate degrees from Ball State. Her master’s and PhD degrees are from our department. Lt. Col. Scheckel has risen quickly in the ranks of the Air Force and has become a key figure in the entire delivery of medical and mental health services in this branch of the military, both in the USA and elsewhere.

Dissertation Defense, Sept. 1, 2011

Picture at left: Captain Joel Hartong (U.S. Air Force) after successfully defending his dissertation. Pictured with Captain Hartong are his doctoral committee chair (D. Ægistóttir) and one of his doctoral committee members (Dr. Gerstein).
Student Interview: Audrey Miller
(M.A. Clinical Mental Health Counseling)

Where is your hometown?
Elkhart, IN, which is about 3 hours northwest of here.

Where did you get your bachelor’s degree and what was your major?
Indiana University at South Bend, with my major in Psychology and a minor in Interpersonal Communication.

Why did you select this field of study?
Growing up, I had my own experiences in counseling. Friends also put me in the role of “counselor” for them but that can become dangerous when it is so informal and you don’t know what you are doing. So I decided to pursue it professionally.

What do you think of your experiences at Ball State so far? And what do you like about your program?
I really like it here and was pleasantly surprised in the differences between undergrad and graduate school; you aren’t told what to do but rather it is “time to do it yourself”. I like this program because I have the opportunity to do volunteer work such as Caring Arts and how there is good preparation to just jump right in with practicum spring semester.

What are your research and populations of interest?
Right now I can’t pinpoint one exactly, because I see the value in all of them and I’d like to experience a little bit of everything. I may start with older kids though.

What are your future plans and career goals?
As of now, I’d like to stop at the master’s level, work for 10-15 years then go back for my Ph.D. I want to be a lifelong learner. I’ll start here and see how it turns out.

What are some of your favorite interests and activities?
I like the sci-fi genre (Battlestar Gallactica and Star Trek) and I also like to read a lot. Right now I’m writing a children’s book and may publish it later, or at least self-publish a few copies.

Where would your dream vacation be?
I’d like to go to New Orleans, especially the French Quarter, and try to learn Creole.

What is your favorite book?
The Great Gatsby.

Movie?
Student Interview:
Scott Fernalius (Ph.D. Counseling Psychology)

Where is your hometown?
Clio, MI (Just outside Flint on the east side of the state).

Where did you go for your bachelor's and master's degrees, and what were your majors?
Bachelor’s and master’s were both earned at Western Michigan University in business administration and clinical mental health counseling, respectively.

What made you first interested in counseling?
I earned my BBA in April of 2001 and started a career in banking. After working in the business world for 7 years, I decided that climbing the corporate ladder wasn't for me. I knew that I wanted to work with people, but just wasn't sure in what capacity. In early 2008 I moved to Grand Rapids, MI and decided to attend an open house for the clinical mental health counseling program at WMU. I was impressed with the presentation and saw counseling as the perfect way to help people in need. The rest is history!

What do you think of your experience at Ball State as a doc student so far? What do you like about the program?
It has been hectic, but amazing! I am blown away by the level of shared knowledge within our department and by the sheer number of opportunities available to students. It's an exciting place to be.

What are your research interests?
I completed a cognate in substance abuse treatment during my graduate studies and this is a primary area of interest. I am also very interested in multiculturalism and appreciate the focus on this issue at Ball State.

What are your future plans and career goals?
My future plans and career goals are under major development as we speak. I am interested in teaching and also in practicing as a psychologist. I've been talking with many students and faculty members regarding their experiences in a variety of settings, from VA hospitals and community mental health agencies, to college counseling centers and academia. At this point, I'm working to narrow my focus from a wide range of career options and interests.

What are some of your favorite interests and activities?
I'm an avid supporter of the greater Detroit sports contingent (Tigers, Lions, Pistons, Red Wings, Wolverines, Spartans). I've played guitar for half my life and performed in a few rock outfits over the years as a resident of Kalamazoo, MI. I also really enjoy listening to music and recently started a vinyl collection. I am happily married and love spending time with my wife and pets.

Where would you go for your dream vacation?
Japan.

What is your favorite book?
Our Band Could Be Your Life.

Movie?
Any featuring Bill Murray. Groundhog Day and Rushmore are tied for top honors.
Faculty Interview:  
Dr. Donald Nicholas

Where is your hometown?
Fort Wayne, IN

Where did you obtain your bachelors, master’s, and Ph.D degrees and what were your majors?
I got my B.A. in Psychology at Indiana University-Bloomington, Master’s in Clinical Psychology at Eastern Kentucky University, and my Ph.D. in Counseling Psychology at the University of Southern Mississippi.

What brought you to Ball State?
My wife and I are both from Fort Wayne and have family in Indiana, so by the time we had kids and after my education and Internship at West Virginia University School of Medicine, we wanted to move back closer to family. And Ball State is a good location and close to the family.

What led you to counseling and counselor education?
I’ve always had a curiosity about people and so I started in psychology. My brother-in-law, who is 10 years older than I am, was a Clinical Psychologist in private practice so I learned about the process and job opportunities from him. I had a focus on relationships and psychotherapy. Also I had a few years of clinical experience between my Master’s and Ph.D. programs, but I didn’t decide to go into academia until later in my doctoral experience.

Please describe your work within the department:
My first year here was 1983 and I have been the director of the practicum clinic for 15 years, Director of Research in the Fisher Institute of Wellness for 4 years, Ball Hospital coordinator of counseling and psychological services at the cancer center since 1994, and I have been the chair for the Health Psychology cognate in our doctoral program. Also, I teach the Psychopathology, Psychopharmacology, and Practicum courses, as well as a doc practicum course.

What are your research/teaching interests?
I am interested in research about counseling cancer patients, and that field in general. I, along with two doctoral students, published a book about Cancer and the Family Life Cycle, and I am currently working on another book. One teaching interest is the Psychopathology course that I have taught for the past 30 or so years.

Are you involved in any professional organizations?
Yes, I am a member of the APA, Division 17 and I’m on the editorial board for its journal (The Counseling Psychologist). I am also currently the Past Chair, and have been the Chair and Chair-elect for the Health Psychology Section under Division 17. I am part of the American Psychosocial Oncology Society as well.

What are your favorite interests and activities outside of academia?
I like to go kayaking, biking, swimming, and spending time with my family.

What country would you most like to visit?
Brazil—When my kids were in high school, we hosted 3 to 4 high school students from Brazil for a few months, and my son in turn went down there to study as well.

What is your favorite book?
The Emperor of all Maladies: A Biography of Cancer.

Movie?
A good movie is Fair Game, the story of Valerie Plame, CIA operative whose name was leaked.

“I have always had a curiosity about people and so I started in psychology.”
Welcome to all the New Students!

The Department of Counseling Psychology and Guidance Services would like to welcome all of the new doctoral and master’s students. The new (1st year) doctoral students are:

Yuri Choi
Erin Davis
Scott Fernelius
Jena Frey
Ryan Hess

Phillip Keck
Matthew Jackson
Nicholas Lee
Erin Sadler
Nehad Sandozi

There are 36 new master’s students who started the program this fall. The school track welcomes 5 students, the Clinical Mental Health track has 23 students, the Social track has 1 student (Applied), and the Rehabilitation track has 3 students. Also, 4 have started with a double major.

Welcome everyone!

1st year doc class, from left to right: Ryan Hess, Nick Lee, Phillip Keck, Erin Davis, Scott Fernelius, Jena Frey, Yuri Choi, Matthew Jackson, Nehad Sandozi, and Erin Sadler
Alumni and Student News

- **Alumnus Jill Salsman** (M.A. 2002, PhD., 2007) and fiancé Ken Leer announced their engagement on June 10. Their wedding is planned for October 2012 in Minneapolis.
- **Kevin Young** (M.A. student, school track) and **Sarah Shield** (M.A. student, dual degree) announced their engagement in Chattanooga, TN, on July 30, 2011. Their wedding is set for July 29, 2012 on Lookout Mountain in Chattanooga, TN.
- **Michael O’Heron** (PhD. student) accepted a post-doc at the University of Michigan.
- **Damita Miller** (M.A. dual degree graduate of 2011) got a job in Indianapolis at the Midwest Psychological Center as a home-based therapist/case worker. Congratulations on the new job!
- On June 14th, **Jackie Engebretson** (2nd year Ph. D student) welcomed a new baby girl, Adriana Sophia, to the family! (see picture at right)
Recent Publications


Recent Presentations


Recent Presentations (continued)


Jackson, M. (2011, April). Beliefs about psychological services held by the Reserve Officers’ Training Corps population. Paper session presented at the annual Great Lakes Regional Conference, Bloomington, IN.


Academic Year Calendar Information

**August 22, 2011 – Fall Term begins**
August 26, 2011 – Last day for students to make changes to their schedule
August 29, 2011 – Begin Withdrawal Period
September 5, 2011 – Labor Day, no classes
October 10, 2011 – Spring Main Campus Course Request Begins
October 17-18, 2011 – Fall break, no classes
October 26, 2011 – Last day for students to withdrawal from Main Campus courses
October 27, 2011 – Begin Exception Withdrawal Period
November 1, 2011 – Spring Main Campus Course Request Ends by Web
November 14, 2011 – Spring Main Campus Student’s Schedules Available by Web
**November 23-27, 2011 – Thanksgiving Recess**
December 12, 2011 – Last meeting day for regular classes
**December 13-16 – Final Examination Period**
December 18, 2011 – Fall Term ends

**January 9, 2012 – University classes for Spring Semester begin**
January 13, 2012 – Late Registration and Change-of-course end
January 16, 2012 – Martin Luther King, Jr. Day Celebration
**March 4-11, 2012 Spring break**
March 19, 2012 – Course Withdrawal Period Ends
April 27, 2012 – Last meeting day for regular classes
**April 30-May 4, 2012 – Final Examination Period**
May 5, 2012 – May Commencement

**May 14, 2012 – University classes for Summer Semester begin**
May 28, 2012 – Memorial Day, no classes
**June 15, 2012 – First Summer Session Ends**
June 18, 2012 – University classes for second summer session begin
July 4, 2012 – Independence Day, no classes
**July 20, 2012 – Second Summer Semester ends**
**July 21, 2012 – July Commencement**

Attention: Graduating Master’s Students!

You must apply for graduation at the Graduate School by the deadline in the semester you intend to graduate. Please see the Graduate School’s Web site at www.bsu.edu/gradschool for forms and more information.

**For Fall:**
November 21, 2011 – Deadline to submit research papers, creative projects, theses, and dissertations

**For Spring:**
February 6 – Graduation application deadline
April 9, 2012 – Deadline to submit research papers, creative projects, theses, and dissertations
Upcoming or Recent Conferences

**Indiana Psychological Association**
- Annual Fall Conference
- November 11-12, 2011
- Indianapolis, IN

**American Counseling Association**
- Annual Conference and Expo
- March 21-25, 2012
- San Francisco, CA

**Assistive Technology Expo**
- October 7, 2011
- L.A. Pittenger Building
- Ball State University

**Indiana Counseling Association**
- Annual Conference
- March 1-2, 2012
- Ball State University

**The National Rehabilitation Association**
- Annual Training Conference
- October 14-16, 2011
- Salt Lake City, UT

**Indiana School Counselors Association**
- Fall Conference
- November 10-11, 2011
- Indianapolis, IN

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Ball State is hosting the annual conference for the Indiana Counseling Association this March!

Ball State University faculty and students along with Purdue students pictured with Dr. Tania Israel (Past President of APA Division 17) at the Annual Great Lakes Counseling Psychology Conference, Bloomington, Indiana, April 2011.
KEEP IN TOUCH!

We are always very curious about what our current students and alumni are up to, so keep those announcements coming! The Keep In Touch Form is now online at www.bsu.edu/counselingpsychology