Welcome to the new academic year! By the time you read this at least a third of the semester will have passed. I don’t know about you, but I already feel like I’m a month behind and madly trying to catch up with myself. I think I will just give up on that; I’ll NEVER get caught up. Let me put it this way – during the summer, BSU increased our e-mailbox sizes. I’m sure they saw that as a good thing, something we would all find helpful. However, for ME it means I have 1505 emails in my inbox, and counting. At least the smaller box would force me to empty the mail from time to time, presuming I wanted to read MORE mail. This seemingly infinite inbox just keeps going, and I can’t seem to empty it, no matter how I try!

Elsewhere in this edition of the newsletter you will learn about our accomplishments since our last edition. Among other things, we’ve added two faculty members (Molly Tschopp and Austin Chapman); we’ve brought in great first year doctoral and master’s classes, and waved goodbye to doctoral students heading to internships, and master’s graduates heading to the next step in their lives. We have celebrated each and every new-found job or entry into a doctoral program. We welcome Dr. McGovern back from sabbatical, as Drs. Spengler (fall) and Kruczek (spring) take their turns. And did I mention the beginning of my three year stint as part of the Presidential Trio for Division 17, Society of Counseling Psychology? It has been a busy few months.

Oops, and I almost forgot – we also moved, lock, stock, and barrel, from the middle of campus to the southern edge. Imagine orchestrating a move for you and 50 of your roommates, out of the place you called home since the day it was built (in the late 1960s)! The move wasn’t easy, and there are still some things missing, yet we are finally beginning to settle into our temporary digs. Most of the department will move back to Teachers College at the end of the calendar year, but the Practicum Clinic will remain in the house on College Avenue until December 2013. We do not miss the incessant daily pounding from the downstairs construction in TC, that is for sure. Our mantra, (okay MY mantra) is that it will all be better when it is done. We will get back to you on the veracity of that statement later!

There are a couple of things I urge you to pay attention to this year. First and foremost, we are working on site visits for the rehabilitation program in spring 2013, and the doctoral program in fall 2013. We also have some follow-up for the clinical mental health and school counseling accreditation, due later this spring. In addition, we will be collecting data for internal (university wide) unit reports in the coming months. We also hope to do interviews for two faculty positions later this fall or in early spring. There may be points in which we need your help either to provide us with some data, upload some course assignments or other artifacts, or to show up for a meeting with a faculty candidate or accreditation team. Please respond to help when you can, upload what you can, and/or share an opinion when it is requested. We can’t make this all happen without your help.

Regards,

Sharon Bowman
Welcome to all New Students!

Counseling psychology first-year doctoral students, from left to right: Emily Mastroianni, Kodee Walls, April Krowel, Manisha Rustagi, Hyoseok (Hugh) Kwon, Lauren Young, Emily Barnum, Meredith Berry, Amy Mitchell, and Lamarra Currie.

This fall, 40 students joined our master’s program. The clinical mental health counseling track has 24 new students, the school counseling track welcomes three students, and the rehabilitation counseling track has six new students. The social psychology track welcomes four students and three students started with a double major in social psychology and counseling.
Congratulations Dr. Bowman!

Our own department chair, Dr. Bowman, has been elected President of the American Psychological Association’s (APA) Division 17. She will begin her term as president in August 2013. This is the first time a faculty member from our department has been elected to this prestigious position. We are so happy for this development!

Congratulations Dr. Gerstein!

Dr. Gerstein received the very prestigious APA Division 17 International Section Lifetime Achievement Award.

“Your achievements are exceptional, visionary, creative, and courageous; your contributions are longstanding and you have a tremendous impact on our counseling professionals and it is our honor to salute you and your outstanding accomplishments!”

We’re Hiring!

We are hiring an assistant/associate professor for school counseling and an assistant/associate professor for social psychology. Both positions will begin fall of 2013. Interested applicants should visit www.bsu.edu/counselingpsychology for more information.
Dr. Gerstein Receives Grants

Sport for Peace with Student Leaders at Sutton Elementary School (with Dr. Lindsey C. Blom)

- Funded ($1,621) by the APA Society for the Study of Peace, Conflict and Violence and Peace Psychology (Division 48)
- This project will establish a program for elementary student leaders utilizing sport and physical activity as a mechanism for developing positive values, social competencies, and sportspersonship related to peaceful living both at school and elsewhere.

- Intermingled with the sport activities will be an empirically-supported curriculum promoting the discussion of anger and violence and the development of conflict resolution, leadership, coping, and social skills which students can employ at school.

University Partnership in Studies of the United States with Quaid-i-Azam University, Islamabad, Pakistan (with Kenneth Holland, et al)

- Funded ($1 million) by the U.S. State Department Bureau of South and Central Asian Affairs
- Ball State University faculty will collaborate with students and faculty at Quaid-i-Azam University in Pakistan for three years to help them provide a high-quality post-graduate program in studies of the United States.
- Activities include faculty and student exchanges, curriculum development, long distance teaching via internet/digital video conferencing, collaborative research, international conferences and joint supervision of masters’ theses and doctoral dissertations.
- This partnership will benefit both universities by promoting a mutual understanding between the peoples of the United States and Pakistan.
Students Awards

Scholarship Awarded to Emily Mastroianni and Philip Keck
Ball State University’s Office of Institutional Diversity (OID) awards the Merrell Thomas Marshall Memorial Scholarship. Founded by Ms. Sandy Marshall in honor of her father, the Marshall Scholarship recognizes students who are committed to diversity-related work in their communities, on campus, and in society at large. We just received notice that the two graduate students receiving the scholarship this year are CPSY’s own Emily Mastroianni and Phillip Keck!

Editorial Board Appoints Kathleen Niegocki
Kathleen Niegocki (doctoral student) was appointed to a one-year term on the Student Advisory Board of Psychology of Women Quarterly. She will learn about the editorial review process by independently reviewing manuscript submissions.
This is an excellent training opportunity that most of us don’t get unless we are working with a member of an editorial board, and even then we don’t get our name on the masthead when we do so! Congratulations, Kathleen!

Student Travel Award for Ashley Hutchison
Ashley Hutchison (doctoral candidate) was awarded a $300 American Psychological Association Student Travel Award to help with expenses in traveling to present at the Annual APA Convention that was held in Orlando, Florida in August.

APAGS Committee Appoints Patrick Waring
Patrick Waring (M.A. student) was appointed to a term on the American Psychological Association of Graduate Students’ Committee on Lesbian, Gay, Bisexual and Transgender Concerns (APAGS-CLGBTC). There were 43 applicants for five slots on this committee. Congratulations, Patrick!

New Student Representative: April Krowel
April Krowel (doctoral student) was appointed as a student representative for the Indiana Psychological Association (IPA). She was also appointed chair-elect of the American Mental Health Counselors Association's (AMHCA) Graduate Studies Committee. Congratulations, April!
Beverly Vandiver, Ph.D. ’93, was recently named a Fellow of the American Psychological Association. Dr. Vandiver was selected by Division 5 for Evaluation, Measurement, and Statistics. Only two Fellows were selected by the Division this year. Dr. Vandiver earned her Ph.D. in counseling psychology with a cognate in social psychology from Ball State in 1993. She is currently an associate professor in the School Psychology Program at Penn State University.

On June 23, 2012, Holly TenBrink (doctoral candidate) married Martin Davis in their hometown of Muskegon, MI. Holly says, “We were happy so many of the BSU CPSY community were able to attend.”

Kory L. Carey, M.A. ’08, Ph.D. ’12, was hired on as a senior staff member (staff counselor) at IUPUI Counseling and Psychological Services (CAPS).

Nick Lee (doctoral candidate) and Ann Lee would like to introduce you to Madison Grace Lee, born July 16, 2012. Stats: 8 lbs., 1 oz. 20 inches long.

Nilanka Inasi (M.A. student) and Rasika Inasi welcomed their daughter Nihinsa on September 17, 2012. Stats: 6 lbs. 20.5 inches long.

Nolan Bradford Lester was born on June 24, 2012. Stats: 6 lbs., 15 oz, 19 inches long. Proud parents are Eric Lester (doctoral candidate) and his wife Bridget!

Dustin Shepler (M.A.’08, doctoral candidate) “I completed my APA-accredited internship at the University of North Carolina - Charlotte and have begun teaching graduate students at the Michigan School of Professional Psychology.”
A Message from the director of the CMHC program:

Welcome to all new M.A. students in the clinical mental health counseling program and to our second-year students and beyond. I hope you are having a good semester so far. Important things to remember are internship orientation meetings and signing up for graduation in time for scheduled graduation dates in December, May, and July each year. I wish you a successful year in our program. Feel free to contact Barb Irvin, graduate admissions coordinator, or our M.A. assistants, Sarah Young and Kerry Smith, or myself about CMHC program-related questions.

Dr. Stef

We Moved!

Main office location until December 2012:
321 N. College Avenue
Practicum Clinic location until December 2013:
305 N. College Avenue

Dr. Gerstein during the big move

Faculty biking fun (left to right): Dr. Nicholas, Dr. Perrone-McGovern, and Dr. Gerstein
STUDY ABROAD IN PORTUGAL SUMMER 2013
Cross-Cultural Applications of Neuropsychophysiological Research Methods
June 24, 2013 – July 12, 2013
(Summer Session II)

*Spend three weeks at the University of Minho in beautiful Braga, Portugal studying brain-behavior relationships and gaining cultural experiences.

*Open to undergraduate and graduate students from psychology or related fields.

* Spots available for 15 students.

For more information, please contact:
Dr. McGovern (kperrone@bsu.edu) from CPSY or Dr. Simon-Dack (slsimondack@bsu.edu) from PSYSC
Social Media: The Other Form of Electronic Communication

By: April Krowel, M.A., doctoral student

In recent years, social media, more specifically Facebook, has become immensely popular. In 2009, there were an estimated 175 million active Facebook users, which is more than twice the population of Germany (80,000) (Kaplan & Haenlein, 2010). There are plenty of opportunities that have erupted from Facebook such as keeping in touch with old friends and family members, finding new friends, networking, and collaboration on group projects. Some students set up private groups in order to discuss information that pertains to their specific cohort.

According to Zur et al. (as cited in McDonald, Sohn, & Ellis, 2010), consequences can accompany such visibility on the Internet. A simple Google search will bring up plenty of stories in which professional and personal boundaries have been blurred. In many cases, individuals have been fired or reprimanded as a result of their Facebook activity, whether “status updates,” “likes,” or photos. As more employers are using Facebook as a screening tool, more people are losing out on jobs due to their online activities.

As clinicians and clinicians-in-training, we need to be more mindful than the general population of our activities on social networking sites like Facebook. More specifically, we need to be careful not to fall into ethical pitfalls of using social media sites. While the APA Ethics Code (2002) does not specifically use the terms “social media,” or “Facebook,” it clearly states that it applies to all professional activities and to electronic communication, which include social media. In a Monitor on Psychology (2010) article, Stephen Behnke, Ph.D., JD (director of APA’s Ethics Office) stated, “It’s easy not to be fully mindful about the possibilities of disclosure with these communications because we use these technologies so often in our social lives. It’s something we haven’t gotten into the habit of thinking about.”

Social media is a great way to be part of a larger community; however, mental health professionals should exercise more caution when teaching, conducting research, or providing services for clients. When “friending” students, consider the benefits and risks that could develop. Be mindful when posting photos on social media sites; look at them before posting to ensure there are no potential privacy or confidentiality issues that could arise. There is a good chance the next APA Ethics Code will address very specifically the issues raised by using social media. Until then, it is our ethical duty, as professionals in the field, to be mindful with all types of electronic communication.
Student Interview: Kacie Klem
(M.A., Clinical Mental Health Counseling)

Where is your hometown?
Huntingburg, Indiana.

Where did you earn your bachelor’s degree and what was your major?
I went to Indiana State University and majored in psychology.

What first interested you in counseling?
In high school I was involved in an organization called “Natural Helpers” and we were kind of like liaisons for students and staff. Students could come talk with us and we could help them ourselves or help them find the right person to talk to. That was really when the “spark” was lit and I knew that counseling was something I would enjoy doing.

Why did you choose to attend Ball State?
I chose Ball State because it felt like the right fit when I visited. I also loved that it is a CACREP accredited program and that it has excellent resources for graduate students.

What do you think of your experience at Ball State as a master’s student so far?
I’ve been ecstatic with my experience thus far. I’m very happy to be in classes where I’m learning skills that will help me in my career and for the rest of my life. I can tell the professors really care about my growth as a student, future counselor, and as a person. Right now I am really enjoying pre-practicum and having the ability to practice counseling skills that will eventually be brought to fruition.

What are your future plans and career goals?
I’d like to be a licensed mental health counselor and work especially with substance abuse issues in the adolescent and young adult population. Right now I think I would like to someday work in a college counseling center or a residential treatment center for substance abuse.

What are some of your favorite interests and activities?
I love to read and I really enjoy outdoor activities like hiking and camping. I also like playing frisbee golf.

Do you have any hidden talents?
I am actually pretty good at pogo sticking.

If you could have dinner with anyone, dead or alive, who would it be?
Mother Theresa. She was a fantastic human being.

What is your favorite movie? book?
I like action adventure movies. Shooter or The Bourne Identity series are some of my favorites. My favorite book is The Screwtape Letters by C.S. Lewis. It’s hard to explain, but it’s basically about the battle between virtue and evil.
**Student Interview: Lamarra Currie (Ph.D., Counseling Psychology)**

**Where is your hometown?**

My hometown is Apex, North Carolina.

**Where did you earn your bachelor’s and master’s degrees, and what were your majors?**

For my bachelor’s degree, I went to the University of North Carolina at Charlotte and majored in psychology and for my master’s I went to the University of Georgia and majored in professional counseling.

**What first interested you in counseling?**

During my undergraduate years I had a practicum and it just hit me that counseling was something I would enjoy. I kind of already knew I wanted to do counseling but that experience solidified my decision. I also realized there is so much more that you can do with counseling than I had thought. I formed great relationships with the clients I met in the practicum who were going through hard times and there were a lot of staff and faculty that I met and really connected with that made me feel like counseling would be a good fit for me.

**What do you think of your experience at Ball State as a doctoral student so far? What do you like about the program?**

I am enjoying Ball State, but the adjustment to Muncie has been a little difficult because it is so far away from my home and family. However, the faculty are so supportive and I can tell my cohort is going to be really great and supportive as well, so I really have no complaints. When I interviewed here, I just had a feeling that I couldn’t really put into words and I just knew it was right for me. I felt like it was a good fit for my identity, and what I want to do in my career. There are so many things I want to do during my doctoral studies and I know that there are so many options here, so I can do everything I want to do here that might be hard to do at other places.

**What are your research interests?**

My research interests are racial identity and racial diversity, with a special emphasis on African-American populations. I want to look at the issues unique to working with this population, including those pertaining to why this population might not seek out counseling due to societal and other reasons.

**What are your future plans and career goals?**

I know I want to get licensed as a psychologist and I am interested in working with adolescents, families, and couples. I previously worked with juvenile offenders in the community and at the local correctional facility, so I may want to continue my work with that population. I also came to Ball State because of the opportunity to specialize in sports psychology, and I would like to get more experience with that so I can work with athletes, particularly collegiate and elite athletes.

**What are some of your favorite interests and activities?**

I love dancing and listening to music. Even though it’s a bit difficult to do here, I love spending time with my family and friends. I love talking to them on the phone because it makes me feel closer to them. I used to loving running and competing but because of graduate school I decided to give that up. Overall, I love meeting new people and socializing.

**Do you have any hidden talents?**

I used to do kickboxing and really enjoyed it, as well as gymnastics and cheerleading. I also used to run collegiate and professional track. It was my whole life until I got really serious with school and my undergraduate experience was over.

**If you could have dinner with anyone, dead or alive, who would it be?**

Honestly, it would have to be my grandmother. She passed away a couple years ago. I’ve accomplished so much in the time since she passed away and I think it would be so great to see her and share with her where my life has taken me.

**What is your favorite movie? book?**

My favorite movie is *Love and Basketball* and my favorite book is *Shifting: the Double Lives of Black Women in America*. 
Faculty Interview: Austin Chapman

Where is your hometown?

My hometown is Austin, Texas. (That’s right - Austin from Austin. You can’t make this stuff up.)

Where did you obtain your bachelor’s, master’s, and doctoral degrees and what were your majors?

For my bachelor’s degree I went to Bradley University and after that I went straight into a Ph.D. program at Indiana University in Bloomington. I actually started my undergrad as an electrical engineering major, but I only lasted three semesters before I realized that sitting in front of a computer all day was not exactly what I wanted to do and that circuits were not my passion. I switched to psychology and fell in love with it, and social psychology in particular. From there, I went to graduate school and am currently finishing up my doctorate in social psychology.

What brought you to Ball State?

This department is doing a really unique thing in combining counseling psychology and social psychology. As far as I know, no other program in the country offers a dual degree in those two areas. It’s an amazing opportunity to be a part of that and to direct a program right out of grad school, which is pretty unheard of. Teaching graduate courses and advising students is my dream job, and I am thrilled that I’m getting to do it at this stage of my career.

What led you to psychology and teaching?

I’ve always been fascinated by the bizarre things that people do sometimes. That brought me to social psychology in particular since we tend to do the strangest things when we are around other people. And teaching has always been something that I saw myself doing, and I think a lot of that comes from my parents. Before eventually becoming an engineer, my dad originally wanted to teach psychology at the high school level, believe it or not. And my mom is a former journalist who was always an active part of my educational life, whether it was editing my school papers, introducing me to good literature, or serving on the district school board. They taught me to value education, and those values took me down this career path.

Please describe your work within the department:

I teach all the graduate social psychology classes and I directly supervise those students on the general and applied social tracks. In addition, I am working with Dr. Bowman to evaluate where the program has been, where it’s going, and possible ways it can be revamped to better meet the needs of our students.

What are your research/teaching interests?

My research interests are very broad. I am generally interested in group identity, stereotyping, decision making, and the intersection of all of those. That has given me a broad base that I’m using to teach the social psych courses. I also like to use the programming skills that I brought over from engineering, and I am really interested in the computer modeling of social processes. I would really like to develop a class on that topic in addition to what we offer.

What are your favorite interests and activities outside of academia?

I should admit that I am a huge fantasy football nerd. I’ve been running a league for six years now, and I play in two other leagues. I am a Dallas Cowboys fan, unfortunately. I haven’t had much to cheer for in the past 15 years or so, but that’s okay. Beyond that, I also really enjoy music. I played in a band back in Bloomington, and I play a handful of instruments: guitar, mandolin, piano, and cello for a few years in high school, but it’s mostly for fun; I’m not a virtuoso or anything.

If you could have dinner with anyone, dead or alive, who would it be?

(He deliberates for a long time before asking if fictional characters are eligible for consideration. I say that’s perfectly acceptable). I think I would have to go with Batman (the Frank Miller version). I guess I should also admit that I’m a bit of a comic book nerd. Let’s take him as a psychological case study. Who in their right mind decides it’s a good idea to dress up as a bat as a grown man and fight crime? You think you could find some better ways to clean up the streets as a billionaire rather than beating up one bad guy at a time.

What is your favorite movie? book?

_Bottle Rocket_ is my favorite movie. It was Wes Anderson’s first feature-length movie. It’s a coming-of-age story about two best friends and their struggle in making sense of the world. It’s really sweet and reminds me of some friendships I had in my life. My favorite book is probably _The Road_ by Cormac McCarthy. It’s my favorite take on the zombie apocalypse, and yet it has no zombies.
Recent Publications


Recent Presentations


**Gerstein, L. H.** (2012, August). *Psychology without borders---roundtable discussions on international teaching, service, and research.* Round table leader at the annual meeting of the American Psychological Association, Orlando, Florida.


Recent Presentations (Continued)


Academic Year Calendar Information

October 22-23, 2012– Fall break, no classes
October 24, 2012– Last day to withdraw from courses
November 5, 2012– Registration for spring semester begins
**November 21– 25, 2012– Thanksgiving Recess, no classes**
November 21– 25, 2012– Thanksgiving Recess, no classes
December 7, 2012– Last meeting day for regular classes
**December 10-14, 2012– Final Examination Period**
December 7, 2012– Last meeting day for regular classes

**Attention: Graduating Master’s Students!**

You must apply for graduation at the Graduate School by the deadline in the semester you intend to graduate. Please see the Graduate School’s website at www.bsu.edu/gradschool for forms and more information.

*Fall:*
November 19, 2012– Deadline to submit research papers, creative projects, theses, and dissertations

*Spring:*
February 4, 2013– Graduation application deadline
April 8, 2013– Deadline to submit research papers, creative projects, theses, and dissertations
### Upcoming Conferences

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<th>Conference</th>
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<tr>
<td><strong>Indiana Counseling Association</strong></td>
<td>February 22, 2013 <em>Indiana State University, Terre Haute, Indiana</em></td>
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<tr>
<td><strong>American Counseling Association</strong></td>
<td>March 20-24, 2013 <em>Cincinnati, Ohio</em></td>
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<td><strong>The 25th National Conference on LGBT Equality: Creating Change</strong></td>
<td>January 23–27, 2013 <em>The Hilton Atlanta, Atlanta, Georgia</em></td>
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<td><strong>Indiana Psychological Association</strong></td>
<td>October 26 &amp; 27, 2012 <em>Renaissance North Hotel, Carmel, Indiana</em></td>
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<td><strong>Indiana School Counselors Association</strong></td>
<td>November 1, 2012 <em>Marriott East Hotel, Indianapolis, Indiana</em></td>
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<td><strong>Diversity Research Symposium</strong></td>
<td>November 12, 2012 <em>Indiana State University, Terre Haute, Indiana</em></td>
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<td><strong>National Multicultural Summit</strong></td>
<td>January 17-18, 2013 <em>Houston, Texas</em></td>
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### Keep in Touch!

We are always very curious about what our current students and alumni are up to, so keep those announcements coming! The Keep in Touch Form is now online at [www.bsu.edu/counselingpsychology](http://www.bsu.edu/counselingpsychology)

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