2014 Ball State Track & Field Schedules

2014 Indoor Track & Field Schedule

Dec. 7  Gerry England Open at Indianapolis, Ind.
Jan. 5   Pole Vault Convention at Akron, Ohio
Jan. 11  Mel Brodt Invitational at Bowling Green, Ohio
Jan. 18  IWU Invitational at Marion, Ind.
Jan. 24-25  Gladstein Invitational at Bloomington, Ind.
Jan. 31-Feb. 1  Indiana Relays at Bloomington, Ind.
Feb. 8  Hillsdale Invitational at Hillsdale, Mich.
Feb. 21  Ball State Quadrangular at Muncie, Ind.
Feb. 28-Mar. 1  MAC Indoor Championship at Kent, Ohio
Mar. 14-15  NCAA Indoor Championship at Albuquerque, N.M.

2014 Outdoor Track & Field Schedule

Mar. 20-21  South Florida Invitational at Tampa, Fla.
Mar. 28-29  Purdue Invitational at West Lafayette, Ind.
Apr. 4-5   Miami Invitational at Oxford, Ohio
Apr. 11   Cardinal Invitational at Muncie, Ind.
Apr. 19   Polytan Invitational at Bloomington, Ind.
Apr. 25-26  Drake Relays at Des Moines, Iowa
May 2   Billy Hayes Invitational at Bloomington, Ind.
May 15-17  MAC Outdoor Championship at Athens, Ohio
May 30-31  NCAA Regional at Jacksonville, Fla.
June 12-14  NCAA Championship at Eugene, Ore.

- Track & Field Quick Facts -

Ball State University:
Location: Muncie, IN 47306
Founded: 1918
Enrollment: 17,728
Nickname: Cardinals
Indoor Facility: BSU Field Sports Building
Outdoor Facility: University Track
Affiliation: NCAA Division I
Conference: Mid-American Conference
President: Dr. Jo Ann Gora
Athletics Director: Bill Scholl

Coaching Staff Information:
Head Coach: Randy Heisler
Alma Mater: Indianapolis, 1984
Years in Coaching: 25
Years at Ball State: 7
Best MAC Cross Country Championship Finish: 5th
Best MAC Indoor Championship Finish: 3rd
Best MAC Outdoor Championship Finish: 4th
Office Phone: 765.285.1568
Office Fax: 765.285.8929
Website: www.ballstatesports.com

Team Information:
2013 MAC Cross Country Finish: 12th
2013 MAC Indoor Finish: 12th
2013 MAC Outdoor Finish: 12th
2013 MAC Indoor Event Champions: 0
2013 MAC Outdoor Event Champions: 0

Player Information:
Returning Student-Athletes: 22
Indoor Letterwinners Returning/Lost: 19/10
Outdoor Letterwinners Returning/Lost: 17/11
Newcomers: 13

Athletics Media Relations:
Contact: Brad Caudill
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<th>Name</th>
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<td>Olivia Ashba</td>
<td>Sprints/Hurdles</td>
<td>Fr.</td>
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<td>Natalia Boykin</td>
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<td>Hannah Ciasto-Poor</td>
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<td>Danielle Dahl</td>
<td>Distance</td>
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<td>Elizabeth Eversole</td>
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<td>Zenée Gadson</td>
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<td>Christa Hammond</td>
<td>Sprints</td>
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<td>Michaela Hull</td>
<td>Throws</td>
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<td>Ariel Hune</td>
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<td>Fr./Fr.</td>
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<td>Alyssa Hurlburt</td>
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<td>Jordan Jenkins</td>
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<td>Lexi Kavanaugh</td>
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<td>Sprints</td>
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<td>Rebecca Lomax</td>
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<td>Marie Lumpkin</td>
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<td>Melissa Melgarez</td>
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<td>Gabrielle Perryman</td>
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<td>Ashley Schmidgall</td>
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<td>Esther Tirado</td>
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<td>Sr./Sr.</td>
<td>Laurell Hill, Fla. (Paxton / Troy University)</td>
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<td>Distance</td>
<td>Jr.</td>
<td>So./So. (So.)</td>
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</table>

**Head Coach:** Randy Heisler (Indianapolis, 1984) - Eighth Season

**Assistant Coach:** Amber Williams (Ball State, 2009) - Second Season

**Assistant Coach:** Brian Williams (Anderson, 1988) - First Season

**Volunteer Coach (Pole Vault):** Shannon Eversole (Indiana, 1992) - First Season

**Student Manager:** Geoff Hutchinson
A member of the 1988 United States Olympic Team and one of the best dual throwers in U.S. Track & Field history, Randy Heisler enters his eighth season as the head track & field and cross country coach at Ball State University in 2013-14.

In his seven previous seasons, Heisler has coached his student-athletes to 12 Mid-American Conference indoor and 10 MAC outdoor event championships. In addition, his student-athletes have made seven appearances at the NCAA Championships, with Amber Williams becoming the latest NCAA All-American in program history for her effort in the 100m hurdles at the 2007 NCAA Outdoor Championships.

Aside from the accomplishments of his athletes, Heisler’s greatest legacy to date is the role he has played in bringing his sports back to Ball State’s campus. In the spring of 2012, the outdoor track & field team defeated Bowling Green by a score of 121-36 in an April 14 dual meet at University Track which marked the program’s first outdoor home event since March 29, 2003.

Earlier in the year, the cross country squad hosted both the Ball State Invitational (Oct. 14, 2011) and the 2011 Mid-American Conference Cross Country Championships (Oct. 29, 2011) at the Muncie Elks Country Club. The BSU Invitational was the first scored event the Cardinals had hosted since the 1996 MAC Championships (Nov. 2, 1996). Ball State had not hosted a scored regular season cross country meet since the Sept. 18, 1992 Ball State Invitational.
Amber Williams
- Assistant Coach
- Second Year
- Ball State (2009)

The latest NCAA All-American in program history for her effort in the 100m hurdles at the 2007 NCAA Outdoor Championships, Amber Williams enters her second season as an assistant coach for the Ball State track & field program in 2013-14.

During the 2011-12 season, Williams served as a volunteer coach for the Ball State track & field program.

Williams concluded her collegiate career after the 2008-09 season as the school record holder in both the indoor 60m hurdles (8.19) and the outdoor 100m hurdles (13.18). She captured eight Mid-American Conference individual event titles over her illustrious career, including four indoor titles and four outdoor titles.

As a senior, Williams advanced to the 2009 NCAA Indoor Championships in the 60m hurdles, placing 12th overall with a time of 8.45. She also captured Mid-American Conference indoor titles in the 60m dash (7.44), 60m hurdles (8.24) and 200m dash (24.27) to earn Most Valuable Performer honors at the MAC Championships.

During the 2009 outdoor campaign, Williams was a two-event MAC champion and earned All-MAC First Team honors by posted NCAA Regional Qualifying marks in both the 100m hurdles and the 100m dash.

Williams took the 2007-08 season off to focus on her training, as she earned a fourth-place finish in the 60m hurdles at the USA Track & Field Indoor Championships.

Brian Williams
- Assistant Coach
- First Year
- Anderson (1988)

Brian Williams, who will oversee Ball State’s distance runners, joins the Cardinals’ staff after serving as the head cross country coach for both the boys’ and girls’ programs at Frankton High School since the 2000 season.

Williams, who was a teacher at both Anderson Community Schools (2004-11) and Frankton-Lapel Community Schools (2011-13), also served as the boys’ and girls’ track coach at Frankton Junior High (2007-08), the boys’ basketball coach at Frankton Junior High (2007-08) and the assistant track & field coach at Frankton High School (2001-02).

“Brian was an NAIA nation champion for Anderson and has been a very successful coach at both the high school and collegiate levels over the years,” Heisler said. “I could not be more thrilled that someone with Brian’s background and knowledge will be a part of our program. He has taken the position of our cross country coach and will be an immediate positive influence for our team.”

Prior to his high school coaching career, Williams was an assistant cross country/track & field coach at his alma mater Anderson University from 1988-96. A 2000 inductee into the Anderson University Athletics Hall of Fame, Williams was a four-time All-American and two-time national champion in the mile run in indoor track. He was a four-time all-conference selection and five-time All-American in outdoor track. In cross country, Williams was a three-time all-conference and all-district runner and a three-time All-American in cross country.

Track & Field Support Staff

Shannon Eversole
Volunteer Coach (Pole Vault)

Geoff Hutchinson
Student Manager

Brian Hardin
Deputy AD / Sport Supervisor

Brad Caudill
Media Relations

Judy Stearns
Administrative Assistant

Click Here For Complete Ball State Athletics Staff Directory
2014 BALL STATE UNIVERSITY

TRACK & FIELD SUPPORT STAFF

Alyssa Hurlburt
- Class: 5th-Year Senior
- Letters: 3 (In) • 4 (Out)
- Events: Sprints/Jumps
- Hometown: Huntington, Ind.
- High School: Huntington North

Indoor Track & Field Top Times
Long Jump - 17'-0.5"/5.19m (2/17/12)
Triple Jump - 36'-9.75"/11.22m (2/17/12)

Outdoor Track & Field Top Times
100m - 13.92 (3/24/12) • Long Jump - 15'-5.5"/4.71m (3/27/10)
Triple Jump - 35'-0.25"/10.67m (3/31/12)

2014 TRACK & FIELD (Jr.): Only has eligibility to compete during the indoor season.

Hannah Lange
- Class: Senior
- Letters: 3 (In) • 2 (Out)
- Events: Sprints
- Hometown: Martinsville, Ind.
- High School: Martinsville

Indoor Track & Field Top Times
200m - 26.52 (2/12/11) • 400m - 58.12 (2/8/13)

Outdoor Track & Field Top Times
200m - 25.89 (4/30/11) • 400m - 58.72 (4/23/12)

2013 OUTDOOR TRACK & FIELD (Jr.): Redshirted at Ball State.

Rebecca Lomax
- Class: Senior
- Letters: 2 (In) • 2 (Out)
- Events: Sprints
- Hometown: Indianapolis, Ind.
- High School: Southport

- 2011 MAC Outdoor High Jump Champion
- 2011 First Team All-MAC (Outdoor)
- Two-Time NCAA East Preliminary Round Qualifier (Outdoor / High Jump)

Indoor Track & Field Top Times
High Jump - 5'-8.75"/1.75m (1/29/11)
200m - 26.76 (1/29/11) • 800m - 2:50.96 (1/21/11)
60m Hurdles - 9.42 (1/29/11) • 60m - 7.92 (1/28/12)
Long Jump - 16'-5"/5.00m (1/15/11)
Shot Put - 35'-11.5"/10.96m (2/25/11)
Pentathlon - 3158 (1/21/11)

Outdoor Track & Field Top Times
High Jump - 5'-10"/1.78m (Twice) • 100m - 12.60 (4/23/11)
200m - 26.65 (3/24/12)

2013 TRACK & FIELD: Redshirted at Ball State during both the indoor and outdoor seasons.
Melissa Melgarez

Class: 5th-Year Senior  
Letters: 3 (In) • 3 (Out)  
Events: Throws  
Hometown: Reynoldsburg, Ohio  
High School: Reynoldsburg

Indoor Track & Field Top Times
Shot Put - 43'-11.25"/13.39m (2/11/12)  
Weight Throw - 44'-7"/13.59m (1/14/12)

Outdoor Track & Field Top Times
Shot Put - 43'-9.25"/13.34m (5/4/12)  
Discus - 154'-9"/47.16m (5/13/11)

2013 OUTDOOR TRACK & FIELD (R-Jr.): Competed in six meets  
recorded a season-best shot put throw of 38'-7.5"/11.77m at  
the Ball State Outdoor Invitational (April 12) to place fifth in the  
event ... placed sixth in the discus at the Billy Hayes Invitational  
(May 3) with a season-best discus toss of 140'-4"/42.78m.

2013 INDOOR TRACK & FIELD (R-Jr.) Competed in seven meets  
placed second in the shot put at the IUW Invitational (Jan. 26)  
with a season-best throw of 42'-8.25"/12.96m ... opened the  
season with a fifth-place showing of 42'-3.5"/12.89m in the shot  
put at the Hoosier Open (Dec. 7-8).

Ashley Schmidgall

Class: Senior  
Letters: 1 (XC) • 1 (In) • 1 (Out)  
Events: Mid-Distance  
Hometown: Somerset, Ky.  
High School: Centerville

Cross Country Top Times
5K - 24:41.63 (9/13/13)

Indoor Track & Field Top Times
500m dash - 1:29.67 (12/8/12) • 600m run - 1:56.23 (2/2/13)

Outdoor Track & Field Top Times
400m dash - 1:06.35 (3/23/13)

2013 CROSS COUNTRY (R-Jr.): Competed in one meet, posting  
a career-fast 5K time of 24:41.63 to place 86th at the Mel Brot  
Collegiate Opener (Sept. 13).

2013 OUTDOOR TRACK & FIELD (R-So.): Competed in the  
season-opening Indiana Wesleyan Polar Bear Invitational, posting  
a career-fast time of 1:06.35 in the 400m dash ... also ran a leg  
in the 4x400m relay which posted a time of 4:21.30 at the meet.

Esther Tirado

Class: Senior  
Letters: 3 (XC) • 2 (In) • 3 (Out)  
Events: Distance  
Hometown: Lafayette, Ind.  
High School: Jeffison

Cross Country Top Times
5K - 19:07.7 (10/1/11) • 6K - 23:16.6 (10/29/11)

Indoor Track & Field Top Times
600m - 1:41.03 (2/12/11) • 800m - 2:23.31 (2/26/11)  
Mile- 5:16.11 (2/15/13) • 5000m- 19:19.83 (1/26/13)

Outdoor Track & Field Top Times
200m - 29.91 (3/26/11) • 800m - 2:20.54 (4/30/11)  
1500m - 4:56.12 (3/24/12) • 5000m - 18:39.52 (3/31/12)

2013 CROSS COUNTRY: Redshirted at Ball State.

2013 OUTDOOR TRACK & FIELD (Jr.): Competed in four meets  
placed seventh in the 5000m run at the Ball State Invitational  
(April 12) with a season-best time of 19:18.49 ... her season-best  
800m effort of 2:23.60 came at the Miami Invitational (April  
5-6).
Jorden Traver

- Class: 5th-Year Senior
- Letters: 3 (In) • 3 (Out)
- Events: Throws
- Hometown: Lafayette, Ind.
- High School: Harrison

**Indoor Track & Field Top Times**
- Shot Put: 35'-3.25"/10.75m (2/21/11)
- Weight Throw: 49'-5"/15.06m (2/15/13)

**Outdoor Track & Field Top Times**
- Shot Put: 33'-6.75"/10.23m (3/26/11)
- Discus: 107'-9"/32.85m (3/26/11)
- Hammer: 151'-0"/46.04m (5/3/13)
- Javelin: 115'-3"/35.12m (5/12/11)

2013 OUTDOOR TRACK & FIELD (R-Jr.): Competed in six meets ... finished the season strong, posting a career-best effort in the hammer (151'-0"/46.04m) and a season-best mark in the javelin (103'-8"/31.59m) at the Billy Hayes Invitational (May 5) ... placed second in the javelin at the Indiana Wesleyan University Polar Bear Invitational (March 23) with a throw of 102'-5"/31.22m.

Erin Walker

- Class: Senior
- Letters: 1 (In) • 1 (Out)
- Events: Throws
- Hometown: Laurell Hill, Fla.
- High School: Paxton

**Indoor Track & Field Top Times**
- Shot Put: 36'-8.5"/11.19m (12/7/12)
- Weight Throw: 54'-1"/16.48m (2/15/13)

**Outdoor Track & Field Top Times**
- Shot Put: 36'-0.25"/10.98m (3/31/12)
- Discus: 150'-0"/45.71m (4/14/12)
- Hammer: 156'-2"/47.61m (4/5/13)
- Javelin: 73'-0"/22.25m (3/23/13)

2013 OUTDOOR TRACK & FIELD (Jr.): Competed in six meets ... placed sixth in the hammer at the Miami Invitational (April 5-6) with a career-best throw of 156'-2"/47.61m ... also turned in a season-best effort of 140'-8"/42.87m in the discus at the meet ... placed third in both the hammer (150'-0"/45.71m) and discus (134'-10"/41.11m) at the Ball State Invitational (April 12) ... opened the year with a career-best javelin throw of 73'-0"/22.25m at the IWU Polar Bear Invitational (March 23).

Haley Austin

- Class: Junior
- Letters: 2 (In) • 2 (Out)
- Events: High Jump
- Hometown: Avon, Ind.
- High School: Avon

**Indoor Track & Field Top Times**
- High Jump: 5'-7"/1.70m (2/17/12)

**Outdoor Track & Field Top Times**
- 200m: 28.33 (3/23/13) • High Jump: 5'-6"/1.68m (4/12/13)

2013 OUTDOOR TRACK & FIELD (So.): Competed in five meets ... logged a season-best high jump of 5'-6"/1.68m at the Ball State Invitational (April 12) where she placed first in the event ... clocked a career-best time of 28.33 in the 200m at the IWU Polar Bear Invitational (March 23) ... also placed first in the high jump at the IWU Polar Bear Invite with a jump of 5'-3.75"/1.62m.

2013 INDOOR TRACK & FIELD (So.): Competed in seven meets ... logged a season-best high jump of 5'-6"/1.68m at the Ball State University Quad (Feb. 15) where she placed first in the meet ... placed eighth in the high jump at the MAC Championships (Feb. 22-23) with a leap of 5'-5.75"/1.67m to score one of the Cardinals’ seven points in the meet.
Christina Crawford
- Class: Junior
- Letters: 1 (In) • 2 (Out)
- Events: Long Jump/Sprints
- High School: Romulus

### Indoor Track & Field Top Times
- 60m - 7.99 (2/12/17) • 200m - 27.30 (1/14/12)
- Long Jump - 18'-1"/5.51m (1/28/12)

### Outdoor Track & Field Top Times
- 100m - 12.94 (4/7/12) • 200m - 27.45 (4/14/12)
- Long Jump - 17'-10.5"/5.45m (5/4/12)

### 2013 OUTDOOR TRACK & FIELD (So.)
Competed in seven meets ... logged a career-best long jump of 18'-4.5"/5.60m at the Billy Hayes Invitational (May 3) ... placed first at the Indiana Wesleyan University Polar Bear Invitational (March 23) while also winning the long jump with a distance of 17'-12.5"/5.21m ... also turned in a first-place effort in the long jump at the Ball State Outdoor Invitational (April 12) with a leap of 16'-8"/5.08m.

Hannah Ciasto-Poor
- Class: Junior
- Letters: 2 (In) • 2 (Out)
- Events: Pole Vault
- Hometown: Bloomington, Ind.
- High School: Bloomington South

### Indoor Track & Field Top Times
- Pole Vault - 11'-7.75"/3.55m (2/22/13) • 60m - 8.65 (2/4/12)

### Outdoor Track & Field Top Times
- Pole Vault - 11'-3.75"/3.45m (3/31/12) • 100m - 14.05 (3/24/12)

### 2013 INDOOR TRACK & FIELD (So.)
Competed in seven meets ... logged a career-best pole vault of 11'-2.5"/3.42m at the Billy Hayes Invitational (May 3) ... placed first at the Indiana Wesleyan University Polar Bear Invitational (March 23) with a pole vault of 10'-5.5"/3.19m.

### 2013 OUTDOOR TRACK & FIELD (So.)
Competed in seven meets ... logged a career-best pole vault of 11'-7.5"/3.55m at the Mid-American Conference Championships (Feb. 23) ... placed first at the Tom Hathaway Challenge (Feb. 2) with a pole vault of 11'-5.75"/3.50m.

Caitlynn Edon
- Class: Junior
- Letters: 3 (XC) • 2 (In) • 2 (Out)
- Events: Distance
- High School: New Palestine

### Cross Country Top Times
- 5K - 19:36.0 (10/1/11) • 6K - 23:40 (11/15/13)

### Indoor Track & Field Top Times
- 800m - 2:22.73 (2/8/13) • Mile - 5:20.79 (1/26/13)
- 3000m - 10:23.38 (1/18/13)

### Outdoor Track & Field Top Times
- 1500m - 5:06.26 (4/21/12) • 3000m - 10:48.32 (5/4/12)
- 5000m - 18:09.10 (4/28/12)
- 3000m Steeplechase - 11:27.13 (5/10/13)

### 2013 CROSS COUNTRY (Jr.)
Competed in all seven meets ... Academic All-MAC ... turned in a career-best 6K time of 23:40 at the NCAA Great Lakes Regional (Nov. 15) ... finished 77th at the MAC Championships (Nov. 2) with a 6K time of 24:05.74 ... logged a career-best 5K time of 19:02.05 at the Mel Brotz Collegiate Opener (Sept. 7).
2014 STUDENT-ATHLETE PROFILES

◆ ◆ ◆ 2014 BALL STATE UNIVERSITY

Marie Lumpkin

- Class: Junior
- Letters: 1 (In) • 2 (Out)
- Events: Throws
- Hometown: Losantville, Ind.
- High School: Union

Indoor Track & Field Top Times
- Weight Throw - 16.52/54.2 (2/15/13)
- Shot Put - 11.11/36.55 (1/18/13)

Outdoor Track & Field Top Times
- Hammer - 165.0'/50.29m (5/9/13) • Discus - 128.8'/39.23m (3/24/12)
- Shot Put - 37.11.5'/11.57m (3/24/12) • 200m - 29.84 (3/24/12)

2013 OUTDOOR TRACK & FIELD (So.): Competed in seven meets ... placed 14th at the Mid-American Conference Championships (May 11) with a career-best hammer throw of 165.0'/50.29m ... placed seventh in the hammer throw at the Billy Hayes Invitational (May 3) with a toss of 162.11'/49.67m ... placed seventh in the discus at the Indiana Wesleyan University Polar Bear Invitational (March 23) with a season-best distance of 123.10'/37.74m.

Courtney Edon

- Class: Junior
- Letters: 3 (XC) • 2 (In) • 2 (Out)
- Events: Distance
- High School: New Palestine

Cross Country Top Times
- 5K - 18:25.2 (10/5/12) • 6K - 22:40.0 (11/15/13)

Indoor Track & Field Top Times
- 800m - 2:21.84 (2/11/12) • Mile - 5:12.49 (2/15/13)
- 3000m - 10:02.01 (2/8/13) • 5000m - 18:07.12 (2/4/12)

Outdoor Track & Field Top Times
- 800m - 2:19.48 (4/26/13) • 1500m - 4:46.81 (4/21/12)
- 3000m - 10:32.41 (5/4/12) • 5000m - 17:25.87 (4/26/13)
- 3000m Steeplechase - 11:00.17 (4/20/13)

2013 CROSS COUNTRY (Jr.): Competed in all seven meets ... placed 188th at the NCAA Great Lakes Regional with a career-fast 6K time of 22:40 ... Ball State's top runner at the MAC Championships (Nov. 2), placing 42nd overall with a time of 23:01.93 ... posted a season-best 5K time of 18:35.35 to place 35th at the Mel Brodt Collegiate Opener (Sept. 7).

Madelyn Webster

- Class: Junior
- Letters: 2 (XC) • 1 (In) • 1 (Out)
- Events: Distance
- Hometown: Brownsburg, Ind.
- High School: Brownsburg

Cross Country Top Times
- 5K - 19:05.7 (10/1/11) • 6K - 24:14 (11/15/13)

Indoor Track & Field Top Times
- 800m - 2:23.56 (2/11/12) • Mile - 5:19.79 (1/21/12)

Outdoor Track & Field Top Times
- 400m - 1:05.08 (3/24/12) • 800m - 2:19.86 (4/7/12)
- 1500m - 4:57.46 (3/24/12)

2013 CROSS COUNTRY (R-So.): Competed in seven meets ... was Ball State's fourth-fastest runner at the Indiana Intercollegiates (Sept. 20), placing 47th overall with a 5K time of 20:17.74 ... turned in a career-fast 6K time of 24:14 at the Great Lakes Regional (Nov. 15) ... earned a season-best 5K time of 19:55.95 at the Mel Brodt Collegiate Opener (Sept. 13).

2013 INDOOR AND OUTDOOR TRACK & FIELD (So.): Redshirted at Ball State.
Danielle Dahl
- Class: Sophomore
- Letters: 2 (XC) • 1 (In) • 1 (Out)
- Events: Mid-Distance
- High School: Chelsea

Cross Country Top Times
5K - 18:58.57 (9/13/13) • 6K - 23:57 (11/15/13)

Indoor Track & Field Top Times
800m run – 2:18.61 (2/15/13)

Outdoor Track & Field Top Times
800m run – 2:32.24 (4/20/13) • 1500m run – 5:10.65 (3/23/13)

2013 CROSS COUNTRY (So.): Competed in all seven meets ... finished the season with a career-fast 6K time of 23:57 at the Great Lakes Regional (Nov. 15) ... posted a career-best 5K clinking of 18:58.57 at the Mel Brodt Collegiate Opener ... Ball State’s top runner at the Greater Louisville Classic (Oct. 5) with a 5K time of 19:29.04.

2013 OUTDOOR TRACK & FIELD (Fr.): Competed in seven meets ... placed first in the 800m run at the Polar Bear Invitational (March 23) with a time of 2:22.26.

Katelyn DeVries
- Class: Sophomore
- Letters: 2 (XC) • 1 (In) • 1 (Out)
- Events: Distance
- Hometown: Valparaiso, Ind.
- High School: Valparaiso

Cross Country Top Times
5K - 18:29.7 (10/5/12) • 6K - 22:16 (11/9/12)

Indoor Track & Field Top Times
800m run – 2:22.15 (1/26/13) • mile run – 5:11.25 (1/26/13)
3000m run – 10:23.48 (2/8/13) • 5000m run – 17:30.74 (1/18/13)

Outdoor Track & Field Top Times
5000m run – 18:05.95 (3/23/13)

2013 CROSS COUNTRY (So.): Competed in the one meet, before missing the remainder of the season due to injury ... posted a season-fast 6K time of 24:38.32 at the IPFW Invitational (Sept. 7).

2013 OUTDOOR TRACK & FIELD (Fr.): Competed in two meets ... posted a career-fast 5000m run time of 18:05.92 to place second at the Indiana Wesleyan Polar Bear Invitational (March 23) ... placed 13th in the 5000m run at the Miami Invitational (4/6/13) with a clocking of 18:20.22.

Zenée Gadson
- Class: Sophomore
- Letters: 1 (In) • 0 (Out)
- Events: Triple Jump/Sprints
- Hometown: Glassboro, N.J.
- High School: Glassboro

Indoor Track & Field Top Times
60m – 8.01 (2/15/13) • Long Jump – 16'-11.5"/5.47m (1/26/13)
Triple Jump – 37'-4.5"/11.39m (1/26/13)

2013 OUTDOOR TRACK & FIELD (Fr.): Competed in the Indiana Wesleyan Polar Bear invitation (March 23) ... helped the 4x100m relay place second with a time of 50.03.

2013 INDOOR TRACK & FIELD (Fr.): Competed in seven meets ... tallied a career-best triple jump of 37'-4.5" (11.39m) at the IUW Invitational (Jan. 26) to win the event ... also posted first-place triple jumps of 36'-6.25" (11.13m) at Hoosier Hills Invitational (Feb. 9) and 36'-11.5" (11.26m) at the Tom Hathaway Challenge (Feb. 2) ... recorded a career-best long jump of 16'-11.5" (5.47m) at the IUW Invitational ... logged a season-best 60m time of 8.01 at the Ball State Quad (Feb. 15) ... placed 10th at the Mid-American Conference Championships with a triple jump of 36'-9" (11.2m).

Christa Hammond
- Class: Sophomore
- Letters: 1 (In) • 0 (Out)
- Events: Sprints
- Hometown: Indianapolis, Ind.
- High School: Lawrence North

Indoor Track & Field Top Times
60m – 8.01 (1/26/13) • 200m – 26.41 (1/26/13)
400m – 1:00.14 (2/8/13)

2013 OUTDOOR TRACK & FIELD (Fr.): Competed in the Indiana Wesleyan University Polar Bear Invitational (March 23), running in both the 4x100m (2nd / 50.03) and 4x400m (3rd / 4:17.41) relays.

2013 INDOOR TRACK & FIELD (Fr.): Competed in seven meets ... logged a career-best time of 8.01 in the 60m at the IUW Invitational (Jan. 26) ... recorded a career-best effort of 26.41 in the 200m at the IUW Invitational ... earned a career-best clocking of 1:00.14 in the 400m at Hoosier Hills Invitational (Feb. 8).
Michaela Hull

- Class: Sophomore
- Letters: 1 (In) • 1 (Out)
- Events: Throws
- Hometown: Bloomington, Ind.
- High School: Bloomington South

Indoor Track & Field Top Times
- Weight Throw - 41'-8"/12.70m (2/2/13)
- Shot Put - 45'-2.25"/13.77m (2/15/13)

Outdoor Track & Field Top Times
- Hammer - 102'-3"/31.6m (4/12/13)
- Javelin - 105'-11"/32.28m (4/12/13)
- Shot Put - 41'-8.75"/12.72m (4/12/13)
- Discus - 144'-7"/44.06m (5/3/13)

Jordan Jenkins

- Class: Sophomore
- Letters: 1 (XC) • 1 (In) • 1 (Out)
- Events: Sprints/Mid-Distance
- Hometown: Fort Wayne, Ind.
- High School: Concordia Lutheran

Cross Country Top Times
- 5K - 22:58.61 (10/18/13)
- 6K - 29:48.27 (9/7/13)

Indoor Track & Field Top Times
- 200m dash - 28.55 (2/15/13)
- 400m dash - 1:07.59 (2/2/13)

Outdoor Track & Field Top Times
- 200m dash - 28.28 (3/23/13)
- 400m dash - 1:04.85 (3/23/13)

2013 CROSS COUNTRY (Fr.): Competed in three meets ... opened the season with a career-fast 6K time of 29:48.27 at the IPFW Invitational (Sept. 7) ... turned in a career-best 5K clocking of 22:58.61 at the JennaStrong Fall Classic (Oct. 18).

2013 OUTDOOR TRACK & FIELD (Fr.): Competed in two meets ... posted career-fast times in both the 200m dash (28.28) and the 400m dash (1:04.85) at the Indiana Wesleyan Polar Bear Invitational (March 23) ... member of the first-place 4x400m relay which posted a time of 4:07.49 at the Ball State Invitational (April 12).

Becca Kropf

- Class: Sophomore
- Letters: 1 (XC) • 1 (In) • 1 (Out)
- Events: Mid-Distance
- Hometown: Goshen, Ind.
- High School: Fairfield

Cross Country Top Times
- 5K - 21:12.92 (10/18/13)
- 6K - 26:03.47 (11/2/13)

Indoor Track & Field Top Times
- 200m - 27.86 (2/2/13)
- 400m - 1:02.04 (2/15/13)

Outdoor Track & Field Top Times
- 100m hurdles - 16.09 (3/23/13)
- 400m hurdles - 1:04.58 (4/26/13)

2013 CROSS COUNTRY (Fr.): Competed in five meets ... crossed the finish line with a career-fast 5K time of 21:12.92 at the #JennaStrong Fall Classic (Oct. 18) ... posted a career-fast 6K time of 26:03.47 two weeks later at the MAC Championships (Nov. 2).

2013 OUTDOOR TRACK & FIELD (Fr.): Competed in seven meets ... ran a career-fast time of 1:04.55 in the 400m hurdles at the GINA Relays (April 26-27) ... placed first in the 400m hurdles at the Indiana Wesleyan Polar Bear Invitational with a time of 1:08.63.
<table>
<thead>
<tr>
<th>Student-Athlete</th>
<th>Class</th>
<th>Letters</th>
<th>Events</th>
<th>Hometown</th>
<th>High School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Olivia Ashba</td>
<td>Freshman</td>
<td>0 (In)</td>
<td>Sprints/Hurdles</td>
<td>Ellettsville, Ind.</td>
<td>Edgewood</td>
</tr>
<tr>
<td>Natalia Boykin</td>
<td>Freshman</td>
<td>0 (Out)</td>
<td>Sprints/Hurdles</td>
<td>Fort Wayne, Ind.</td>
<td>Wayne</td>
</tr>
<tr>
<td>Rebecca Carpenter</td>
<td>Freshman</td>
<td>0 (In)</td>
<td>Pole Vault</td>
<td>South Bend, Ind.</td>
<td>St. Joseph's</td>
</tr>
<tr>
<td>Megan Dearlove</td>
<td>Freshman</td>
<td>0 (Out)</td>
<td>Pole Vault</td>
<td>Warsaw, Ind.</td>
<td>Warsaw Community</td>
</tr>
<tr>
<td>Elizabeth Eversole</td>
<td>Freshman</td>
<td>0 (In)</td>
<td>Pole Vault</td>
<td>Mishawaka, Ind.</td>
<td>Marian</td>
</tr>
<tr>
<td>Ariel Hune</td>
<td>Freshman</td>
<td>0 (Out)</td>
<td>Sprints</td>
<td>Carmel, Ind.</td>
<td>Carmel</td>
</tr>
<tr>
<td>Lexi Kavanaugh</td>
<td>Freshman</td>
<td>0 (Out)</td>
<td>Long Jump/Sprints</td>
<td>Sherrill, N.Y.</td>
<td>Vernon-Verona-Sherrill</td>
</tr>
<tr>
<td>Gabrielle Perryman</td>
<td>Freshman</td>
<td>0 (In)</td>
<td>Jumps/Sprints</td>
<td>Beachwood, Ohio</td>
<td>Beachwood</td>
</tr>
<tr>
<td>Ericka Rinehart</td>
<td>Freshman</td>
<td>0 (Out)</td>
<td>Distance</td>
<td>Angola, Ind.</td>
<td>Angola</td>
</tr>
<tr>
<td>Makelle Skelton</td>
<td>Freshman</td>
<td>0 (Out)</td>
<td>Long Jump/Sprints</td>
<td>Fort Wayne, Ind.</td>
<td>Northrop</td>
</tr>
<tr>
<td>Kassidy Swenson</td>
<td>Freshman</td>
<td>0 (Out)</td>
<td>Sprints/Hurdles</td>
<td>Valparaiso, Ind.</td>
<td>Valparaiso</td>
</tr>
<tr>
<td>Jordan Timmons</td>
<td>Freshman</td>
<td>0 (Out)</td>
<td>Distance</td>
<td>Bargersville, Ind.</td>
<td>Center Grove</td>
</tr>
<tr>
<td>Rachael Walker</td>
<td>Freshman</td>
<td>0 (Out)</td>
<td>Pole Vault</td>
<td>Indianapolis, Ind.</td>
<td>Brebeuf</td>
</tr>
</tbody>
</table>
### 2013 Cross Country Roster

<table>
<thead>
<tr>
<th>Name</th>
<th>Class/Elig.</th>
<th>Hometown (High School)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Danielle Dahl</td>
<td>So./So.</td>
<td>Chelsea, Mich. (Chelsea)</td>
</tr>
<tr>
<td>Katelyn DeVries</td>
<td>So./So.</td>
<td>Valparaiso, Ind. (Valparaiso)</td>
</tr>
<tr>
<td>Caitlynn Edon</td>
<td>Jr./Jr.</td>
<td>New Palestine, Ind. (New Palestine)</td>
</tr>
<tr>
<td>Courtney Edon</td>
<td>Jr./Jr.</td>
<td>New Palestine, Ind. (New Palestine)</td>
</tr>
<tr>
<td>Jordan Jenkins</td>
<td>So./Fr.</td>
<td>Fort Wayne, Ind. (Concordia Lutheran)</td>
</tr>
<tr>
<td>Becca Kropf</td>
<td>So./Fr.</td>
<td>Goshen, Ind. (Fairfield)</td>
</tr>
<tr>
<td>Ericka Rinehart</td>
<td>Fr./Fr.</td>
<td>Angola, Ind. (Angola)</td>
</tr>
<tr>
<td>Ashley Schmidgall</td>
<td>Sr./Jr.</td>
<td>Somerset, Ky. (Conerville)</td>
</tr>
<tr>
<td>Jordan Timmons</td>
<td>Fr./Fr.</td>
<td>Bargersville, Ind. (Center Grove)</td>
</tr>
<tr>
<td>Esther Tirado</td>
<td>Sr./Sr.</td>
<td>Lafayette, Ind. (Lafayette Jefferson)</td>
</tr>
<tr>
<td>Madelyn Webster</td>
<td>Jr./Jr.</td>
<td>Brownsburg, Ind. (Brownsburg)</td>
</tr>
</tbody>
</table>

### 2012 Cross Country Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Distance</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 7</td>
<td>IPFW Invitational</td>
<td>6K</td>
<td>3rd of 4 Teams</td>
</tr>
<tr>
<td>Sept. 13</td>
<td>Mal Brot Invitational</td>
<td>5K</td>
<td>4 Top 50 Finishes</td>
</tr>
<tr>
<td>Sept. 20</td>
<td>Indiana Intercollegiates</td>
<td>5K</td>
<td>8th of 8 Teams</td>
</tr>
<tr>
<td>Oct. 5</td>
<td>Greater Louisville Classic</td>
<td>5K</td>
<td>8th of 17 Teams</td>
</tr>
<tr>
<td>Oct. 18</td>
<td>#JennaStrong Fall Classic</td>
<td>5K</td>
<td>5th of 34 Teams</td>
</tr>
<tr>
<td>Nov. 2</td>
<td>MAC Championships</td>
<td>6K</td>
<td>12th of 12 Teams</td>
</tr>
<tr>
<td>Nov. 15</td>
<td>Great Lakes Regional</td>
<td>6K</td>
<td>28th of 33 Teams</td>
</tr>
</tbody>
</table>

### 2013 Cross Country Schedule & Individual Results

<table>
<thead>
<tr>
<th>Date</th>
<th>IPFW Invitational</th>
<th>6K - Sept. 7</th>
<th>5K - Sept. 13</th>
<th>5K - Sept. 20</th>
<th>5K - Oct. 5</th>
<th>5K - Oct. 18</th>
<th>6K - Nov. 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Katelyn DeVries</td>
<td>24:38:52 / 20th</td>
<td>DNR</td>
<td>DNR</td>
<td>DNR</td>
<td>DNR</td>
<td>DNR</td>
<td>DNR</td>
</tr>
<tr>
<td>Ashley Schmidgall</td>
<td>DNR</td>
<td>24:41:63 / 86th</td>
<td>DNR</td>
<td>DNR</td>
<td>DNR</td>
<td>23:57:64 / 74th</td>
<td>DNR</td>
</tr>
<tr>
<td>Esther Tirado</td>
<td>DNR</td>
<td>DNR</td>
<td>DNR</td>
<td>DNR</td>
<td>DNR</td>
<td>DNR</td>
<td>24:14 / 197th</td>
</tr>
</tbody>
</table>

*Career High 5K in Bold - Career High 6K in Bold Italic*
### 2012-13 Indoor Schedule & Top Times

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec. 7</td>
<td>Hoosier Opener</td>
<td>12 Top 5 Finishes</td>
</tr>
<tr>
<td>Jan. 18-19</td>
<td>Gladstone Invitational</td>
<td>15 Career-Best Efforts</td>
</tr>
<tr>
<td>Jan. 26</td>
<td>Indiana Wesleyan Invitational</td>
<td>5 Event Victories</td>
</tr>
<tr>
<td>Feb. 1-2</td>
<td>Moyer Invitational</td>
<td>1 Top 5 Finish</td>
</tr>
<tr>
<td>Feb. 2</td>
<td>Tom Hathaway Challenge</td>
<td>11 Top 5 Finishes</td>
</tr>
<tr>
<td>Feb. 8</td>
<td>Hoosiers Hills</td>
<td>1 Event Victory</td>
</tr>
<tr>
<td>Feb. 15</td>
<td>Ball State Quadrangular</td>
<td>Two Event Victories</td>
</tr>
<tr>
<td>Feb. 22-23</td>
<td>Ball State Quadrangular</td>
<td>12 of 12 Teams</td>
</tr>
</tbody>
</table>

### 60-Meter Dash
- MAC indoor Championships 2012 of 12 Teams
- Results: 8.09

### 200-Meter Dash
- Results: 8.01

### 400-Meter Dash
- Results: 26.41

### 800-Meter Run
- Results: 2:14.29

### Mile Run
- Results: 2:18.61

### 3,000-Meter Run
- Results: 3:57.59

### 5,000-Meter Run
- Results: 2:14.29

### 60-Meter Hurdles
- Results: 9.76

### 4x400-Meter Relay
- Results: 3:57.59

### Distance Medley Relay
- Results: 12:21.73

### High Jump
- Results: 5.61/1.66m

### Long Jump
- Results: 6.97/2.09

### Shot Put
- Results: 18.1/6.01m

### Pole Vault
- Results: 11.77/3.55m

### Pentathlon
- Results: 2739

### 2013 Outdoor Schedule & Top Times

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 23</td>
<td>Polar Bear Open Marion</td>
<td>9 Event Victories</td>
</tr>
<tr>
<td>April 5-6</td>
<td>Miami Invitational</td>
<td>4th of 12 Teams</td>
</tr>
<tr>
<td>April 12</td>
<td>Cardinal Invitational</td>
<td>Senior Day</td>
</tr>
<tr>
<td>April 20</td>
<td>Polyan Invitational</td>
<td>16 Top 10 Finishes</td>
</tr>
<tr>
<td>April 25-27</td>
<td>47th Annual Gina Relays</td>
<td>8 Top 10 Finishes</td>
</tr>
<tr>
<td>May 3</td>
<td>Billy Hayes Invitational</td>
<td>18 Top 10 Finishes</td>
</tr>
<tr>
<td>May 9-11</td>
<td>MAC Outdoor Championships</td>
<td>12 of 12 Teams</td>
</tr>
</tbody>
</table>

### 100-Meter Dash
- Results: 12.25 (0.2)

### 200-Meter Dash
- Results: 12.43 (1.4)

### 400-Meter Dash
- Results: 59.26

### 800-Meter Run
- Results: 2:12.05

### 1,500-Meter Run
- Results: 2:17.11

### 5,000-Meter Run
- Results: 17:25.87

### 10,000-Meter Run
- Results: 38:46.60

### 100-Meter Hurdles
- Results: 16.09 (0.5)

### 400-Meter Hurdles
- Results: 16.55 (1.6)

### 3000-Meter Steeplechase
- Results: 11:00.17

### 4x100-Meter Relay
- Results: 48.46

### 4x400-Meter Relay
- Results: 3:58.40

### High Jump
- Results: 5.61/1.66m

### Long Jump
- Results: 14.7/4.44m

### Triple Jump
- Results: 13.3/4.08m

### Shot Put
- Results: 12.2/3.70m

### Javelin
- Results: 105.1/32.8m

### Discus
- Results: 144.7/44.06m

### Hammer Throw
- Results: 165.0/50.29m

### Pole Vault
- Results: 112.5/3.42m

### 2013 Indoor & Outdoor Track & Field Notes:
- MaryKate Mellen, who set the school record in the indoor mile (4:50.10) at the 2013 Mid-American Conference Indoor Championships, was named to the 2013 Academic All-MAC squad for both the indoor and outdoor campaigns.
- Hannah Clasto-Poor tallied the second-best indoor pole vault in program history by clearing 11.77 (3.55m) at the MAC indoor Championships.
- Twin sisters Courtney Eden and Caitlin Eden etched their names in the 3000m Steeplechase records during the outdoor season, with the third-best (11:07.2) and fifth-best (11:29.13) individual times in program history.
# 2014 Ball State University

## Ball State Indoor Track & Field Records

### 60-Meter Dash
<table>
<thead>
<tr>
<th>Name</th>
<th>Time</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>LaTasha Jenkins</td>
<td>7.33c</td>
<td>1998</td>
</tr>
<tr>
<td>Amber Williams</td>
<td>7.42c</td>
<td>2007</td>
</tr>
<tr>
<td>Tameka Borders</td>
<td>7.43c</td>
<td>1996</td>
</tr>
<tr>
<td>Jada Prothro</td>
<td>7.49c</td>
<td>1996</td>
</tr>
<tr>
<td>Tambra Stewart</td>
<td>7.50c</td>
<td>2002</td>
</tr>
</tbody>
</table>

### 60-Meter Hurdles
<table>
<thead>
<tr>
<th>Name</th>
<th>Time</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amber Williams</td>
<td>8.19</td>
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<td>D’Andrea White</td>
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<td>Janee Longhorne</td>
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<td>Marie Lumpkin</td>
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Thekla Lorenz is the only student-athlete in program history to claim a Mid-American Conference individual title in both the pentathlon (indoor) and heptathlon (outdoor). A two-time All-MAC First Team honoree, Lorenz began her collegiate career by winning the pentathlon at the 2008 MAC Indoor Championships, while capping her career with a title in the heptathlon at the 2012 MAC Outdoor Championships.

LaTasha Jenkins posted a time of 22.29 seconds — the fourth-fastest time by a college athlete in track and field history and an American collegiate record at the time — as she sprinted to the NCAA national championship in the 200-meter dash June 6, 1999. She became BSU’s first national champion in women’s track and field. Two weeks later, Jenkins finished second in the 200 to Olympic medalist Marion Jones with a time of 22.36 at the USA Track and Field Championships. She was also featured in “Faces in the Crowd” in the June 28, 1999 issue of Sports Illustrated. (See Below.)

Faces in the Crowd

Deb Kelley, Florida High School
Kelley, a 16-year-old senior and the Florida High School state champion in the 100-meter hurdles (12.40), will run for Florida State in the NCAA championships. She broke the state record in the event as a junior. Kelley, who was third in the 100 hurdles and third in the 300 hurdles at the state meet, is a senior at Florida High. She also runs on the track team.

Forrest, Idaho
Forsythe, 20
Forsythe, 20, a senior at Fairview High School in Idaho Falls, won the 200-meter dash in 22.68 seconds at the state meet. He also placed second in the 100-meter dash with a time of 11.18. Forsythe is a senior at Fairview High School.

LaTasha Jenkins, Calvin College, FL

Trials
Trials, 20, a senior at Calvin College in Grand Rapids, won the NCAA championships in the 200-meter dash with a time of 22.29. Jenkins is a transfer from the University of Michigan. He also won the 400-meter dash and placed second in the 200-meter dash at the NCAA championships.

Chris Robinson, Florida State University

Loche, 10, a fifth-grader at Westview Elementary School in Fort Lauderdale, Florida, won the 100-meter dash at the state meet with a time of 12.28. He also placed second in the 200-meter dash with a time of 24.58. Loche is a fifth-grader at Westview Elementary School.

Names

1. Jada Phelps, Angka Morris, Patricia Somand, Linise Gordon
2. Yvonne Ferguson, Amber Williams, Christina Whit, Crystal Winfrey
3. Angka Morris, Keisha Pedigo, Patricia Somand, Crystal Winfrey
4. LaTasha Jenkins, Crystal Bonewitz, Linsie Gordon, Brandi Smiley
5. Angka Morris, Keisha Pedigo, Natasha Lothery, Crystal Winfrey

Distance Medley Relay

Harless, Gordon, Lothery, Nowak

Name

1. Donna Harless, Linise Gordon, Natasha Lothery, Katie Nowak
2. Lindsey Keazer, Angka Morris, Natasha Lothery, Katie Nowak
3. Kathy Kaczolka, Angka Morris, Ann Brady, Katie Nowak
4. Rose Lehe, Amanda Ponsot, Jill Scully, Crystal Winfrey
5. Lisa Arrowsmith, Ali Bishel, Brittany Ade, Jenna Schmitmeyer

Name

1. Thekla Lorenz
2. Jennifer McCoy
3. Lannie Stovall
4. Nicci Miller
5. Ayesha George

Pentathlon

Name

1. Thekla Lorenz
2. Jennifer McCoy
3. Lannie Stovall
4. Nicci Miller
5. Ayesha George

Time

3:39.94c
3:40.01
3:45.43
3:45.90

Year

2001
2003
1998
2003

1999 NCAA Champion

LaTasha Jenkins: 200-meter dash

Name

1. Thekla Lorenz
2. Jennifer McCoy
3. Lannie Stovall
4. Nicci Miller
5. Ayesha George

Time

3:39.94c
3:40.01
3:45.43
3:45.90

Year

2001
2003
1998
2003
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<td>Darjuil Claiborne</td>
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Amber Williams (2004-09) concluded her career at Ball State as the top hurdler in program history, with school records in both the indoor 60m hurdles (8.19) and in the outdoor 100m hurdles (13.18). Her school-record time of 13.18 in the 100m hurdles came in a semifinal race of the 2007 NCAA Division I Women’s Outdoor Track and Field Championships and made her the latest NCAA All-American in program history.
### Ball State's All-Time NCAA Championship Qualifiers

#### Outdoor NCAA Championship Qualifiers

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<th>Event</th>
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<td>10th</td>
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<td>Jennifer McCoy</td>
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<td>1983</td>
<td>Bonita Harrington</td>
<td>High Jump</td>
<td>4th</td>
</tr>
</tbody>
</table>

#### Cross Country NCAA Championship Qualifiers

<table>
<thead>
<tr>
<th>Year</th>
<th>Athlete</th>
<th>Time</th>
<th>Finish</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
<td>Ali Bishel</td>
<td>21:04.7 (6K)</td>
<td>67th</td>
</tr>
<tr>
<td>2007</td>
<td>Ali Bishel</td>
<td>21:12 (6K)</td>
<td>52nd</td>
</tr>
<tr>
<td>2004</td>
<td>Jill Scully</td>
<td>21:21.1 (6K)</td>
<td>52nd</td>
</tr>
<tr>
<td>2002</td>
<td>Team</td>
<td>1:08:30.7 (512 pts)</td>
<td>27th</td>
</tr>
<tr>
<td></td>
<td>Stacey Ritz</td>
<td>21:17.3 (6K)</td>
<td>77th</td>
</tr>
<tr>
<td></td>
<td>Jill Scully</td>
<td>21:32.8 (6K)</td>
<td>106th</td>
</tr>
<tr>
<td></td>
<td>Crystal Meeks</td>
<td>21:41.6 (6K)</td>
<td>123rd</td>
</tr>
<tr>
<td></td>
<td>Katie Nowak</td>
<td>21:50.4 (6K)</td>
<td>138th</td>
</tr>
<tr>
<td></td>
<td>Sarah Huddleston</td>
<td>22:08.6 (6K)</td>
<td>168th</td>
</tr>
<tr>
<td></td>
<td>Aubrey Gaffer</td>
<td>22:39.8 (6K)</td>
<td>202nd</td>
</tr>
<tr>
<td></td>
<td>Nicole Hartford</td>
<td>22:53.3 (6K)</td>
<td>206th</td>
</tr>
<tr>
<td>2001</td>
<td>Stacey Ritz</td>
<td>21:04 (6K)</td>
<td>17th</td>
</tr>
<tr>
<td>2000</td>
<td>Katie Nowak</td>
<td>21:31.0 (6K)</td>
<td>44th</td>
</tr>
</tbody>
</table>

#### Indoor NCAA Championship Qualifiers

<table>
<thead>
<tr>
<th>Year</th>
<th>Athlete</th>
<th>Event</th>
<th>Finish</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
<td>Amber Williams</td>
<td>60m Hurdles</td>
<td>12th</td>
</tr>
<tr>
<td>2008</td>
<td>Ali Bishel</td>
<td>5,000m Run</td>
<td>16th</td>
</tr>
<tr>
<td>2007</td>
<td>Amber Williams</td>
<td>60m Hurdles</td>
<td>15th</td>
</tr>
<tr>
<td>2003</td>
<td>Patricia Soman</td>
<td>Long Jump</td>
<td>8th</td>
</tr>
<tr>
<td></td>
<td>Patricia Soman</td>
<td>Triple Jump</td>
<td>8th</td>
</tr>
<tr>
<td>2002</td>
<td>Patricia Soman</td>
<td>Triple Jump</td>
<td>9th</td>
</tr>
<tr>
<td>1999</td>
<td>LaTasha Jenkins</td>
<td>200m Dash</td>
<td>6th</td>
</tr>
<tr>
<td>1998</td>
<td>LaTasha Jenkins</td>
<td>200m Dash</td>
<td>8th</td>
</tr>
<tr>
<td>1996</td>
<td>Tameka Borders</td>
<td>200m Dash</td>
<td>15th</td>
</tr>
</tbody>
</table>

Patricia Soman (2000-2003), a two-time All-American for the Ball State women’s track & field team, still holds the program records in the long jump and triple jump for both indoor and outdoor.
### Mid-American Conference Indoor Champions

<table>
<thead>
<tr>
<th>Event</th>
<th>Year</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>55m Dash</td>
<td>1996</td>
<td>Tamika Borders</td>
</tr>
<tr>
<td>60m Dash</td>
<td>2000</td>
<td>Amber Williams</td>
</tr>
<tr>
<td>60m Hurdles</td>
<td>2002</td>
<td>LaTasha Jenkins</td>
</tr>
<tr>
<td>200m Dash</td>
<td>2004</td>
<td>Amber Williams</td>
</tr>
<tr>
<td>200m Hurdles</td>
<td>2005</td>
<td>Ayesha Georgia</td>
</tr>
<tr>
<td>400m Dash</td>
<td>2007</td>
<td>Jada Phelps</td>
</tr>
<tr>
<td>800m Run</td>
<td>2008</td>
<td>Ali Bishler</td>
</tr>
<tr>
<td>Mile Run</td>
<td>2009</td>
<td>Carrie Sheffield</td>
</tr>
<tr>
<td>3,000m Run</td>
<td>2009</td>
<td>Lisa Gordon</td>
</tr>
<tr>
<td>5,000m Run</td>
<td>2009</td>
<td>Carrie Sheffield</td>
</tr>
<tr>
<td>Weight Throw</td>
<td>2009</td>
<td>Lisa Gordon</td>
</tr>
<tr>
<td>Pentathlon</td>
<td>2009</td>
<td>Carrie Sheffield</td>
</tr>
<tr>
<td>1,500m Run</td>
<td>2009</td>
<td>Carrie Sheffield</td>
</tr>
<tr>
<td>5,000m Run</td>
<td>2009</td>
<td>Carrie Sheffield</td>
</tr>
</tbody>
</table>

### Mid-American Conference Outdoor Champions

<table>
<thead>
<tr>
<th>Event</th>
<th>Year</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>100m Dash</td>
<td>2000</td>
<td>Amber Williams</td>
</tr>
<tr>
<td>200m Dash</td>
<td>2000</td>
<td>Amber Williams</td>
</tr>
<tr>
<td>400m Relay</td>
<td>2000</td>
<td>Tamika Borders</td>
</tr>
<tr>
<td>High Jump</td>
<td>2001</td>
<td>Rebecca Lomax</td>
</tr>
<tr>
<td>Long Jump</td>
<td>2001</td>
<td>Amanda Barnhart</td>
</tr>
<tr>
<td>200m Hurdles</td>
<td>2001</td>
<td>Jada Phelps</td>
</tr>
<tr>
<td>400m Hurdles</td>
<td>2001</td>
<td>Lisa Gordon</td>
</tr>
<tr>
<td>1,500m Run</td>
<td>2001</td>
<td>Jada Phelps</td>
</tr>
<tr>
<td>5,000m Run</td>
<td>2001</td>
<td>Lisa Gordon</td>
</tr>
</tbody>
</table>

### In 2003, the Ball State women’s cross country team captured the program’s first Mid-American Conference title. The Cardinals’ top five runners finished the event with 73 points, five less than second-place Bowling Green.
Jo Ann Gora

Jo Ann M. Gora has served as Ball State University’s 14th president since 2004. She quickly demonstrated her commitment to putting students first by declining an inauguration and instead establishing a scholarship fund for 25 high-achieving students. She has led the development of the university’s Education Redefined strategic plan, which is in its final year of implementation. The cornerstone of that plan is making immersive learning opportunities available to every student.

In the first four years of strategic plan innovation, more than 12,000 students completed more than 750 immersive learning projects in 70 Indiana counties under the mentoring of faculty from every university academic department. Gora has increased Ball State’s commitment to emerging media, campus diversity, and developing nationally ranked academic programs. The strategic plan was the basis for the university’s successful capital campaign, Ball State Bold: Investing in the Future, which topped its $200 million goal by more than $10 million. The university celebrated its conclusion by introducing 55 Bold Celebration Scholars in March 2011 at the Indiana Statehouse, repeating the successful model of the scholarships awarded at the beginning of her presidency.

Gora was one of the 12 charter signatories to the American College and University Presidents Climate Commitment in December 2006. In May 2009, Gora and other officials broke ground on the largest geothermal district energy system in the United States, and Phase One, which will allow Ball State to shut down two coal-fired boilers, will be dedicated in March 2012. When Phase Two is finished, the system will heat and cool more than 45 buildings on Ball State’s campus, saving the university $2 million a year while reducing its carbon footprint by nearly half. For its sustainability commitment, the university has been ranked in The Princeton Review’s Guide to 311 Green Colleges, and has earned a Second Nature Climate Leadership Award. In 2010, Ball State was named the Technology Innovator of the Year by the Hoosier Environmental Council.

Ball State University

Founded in 1918, Ball State is a state-assisted residential four-year university with 21,000 undergraduate and graduate students enrolled each year. Ball State is ranked a research university, high research activity by the Research Papers in Education Learning Commission of the North Central Association of Colleges and Schools.

Learn more about our history, current vision and mission, and Education Redefined 2.0: Advancing Indiana.
Among our more than 152,000 living alumni are renowned entertainers, top corporate executives, leading educators and members of the Indiana General Assembly.

Ball State Notable Alumni
- Angela Ahrendts, ’81
  CEO of Burberry Group, London
- Blaine Bishop, ’93
  11-year NFL & 4-Time Pro Bowl Player
- Bryan Bullington, ’02
  Major League Baseball No. 1 Overall Draft Pick
- Brian Gallagher, ’81
  CEO of United Way of America
- Doug Jones, ’82
  Actor, Played the Silver Surfer in Fantastic Four: Rise of the Silver Surfer
- J. Wayne Leonard, ’73
  CEO of Entergy Corporation
- Tim Liddy, ’81
  Golf Course Architect
  Liddy Associates
- Kent C. (Oz) Nelson, ’59
  Former CEO of United Parcel Service
  Chairman, Ball State Bold Campaign
- Roger NeuenSchwander, ’73
  CEO of Thompson Ventulett Stainback Architects
- Brad Maynard, ’96
  National Football League Punter
- Penny Ralston, ’71
  Professor and Dean Emeritus, College of Human Sciences, Florida State
- John Scheumann, ’71
  Chairman/CEO of Tempest Homes
- John Schnatter, ’84
  Founder/Chairman of Papa John’s Pizza Inc.
- John Seffrin, ’66
  CEO of American Cancer Society
- Bonzi Wells, ’98
  10-Year NBA Veteran
- Cynda Williams, ’88
  Actress and Singer
- Gregory H. Williams, ’66
  President, University of Cincinnati

Ball State University in Muncie, Indiana, a midsized Midwestern city one hour northeast of Indianapolis. About 8,000 students are enrolled in diverse academic programs on and off campus. Programs are accredited by the Carnegie Foundation for the Advancement of Teaching and are accredited by the Higher Colleges and Schools. Individual programs are accredited by various regional and national organizations. Recent rankings and recognitions, major institutional initiatives, and our strategic plan for 2012-2017,
Ball State Academic All-Americans

Since the 1973-74 season, Ball State University student-athletes have garnered a total of 97 Academic All-America accolades. Ball State student-athletes have collected 42 Academic All-America First Team honors, while earning 32 second team awards, 15 third team awards and six honorable mention awards. Two student-athletes - Sally Northcroft (1999-2000) and Kate Endress (2004-05) - have been honored as an Academic All-American of the Year. The Cardinals’ 98 Academic All-America selections is among the nation’s leaders in Academic All-America history by NCAA Division I schools. Ball State’s women’s basketball program is tied for seventh all-time among Division I Academic All-Americans with nine. The Capital One Academic All-America teams are selected by the College Sports Information Directors of America.

1973-74
Terry Schmidt
Football
2nd Team

1976-77
Stan Neuschwander
Baseball
2nd Team

1977-78
Tim Clary
Football
2nd Team

1979-80
Tim Clary
Football
2nd Team

1980-81
Karen Bauer
Basketball
2nd Team

1981-82
Karen Bauer
Basketball
2nd Team

1982-83
Karen Bauer
Basketball
2nd Team

1983-84
Rick Chitwood
Football
1st Team

1984-85
Craig Farnsworth
Track
1st Team*

1985-86
Ron Duncan
Football
1st Team

1986-87
Ron Duncan
Football
1st Team

1987-88
Ron Duncan
Football
1st Team

1988-89
Ted Ashburn
Football
1st Team

1989-90
Ted Ashburn
Football
1st Team

1990-91
Curtis Green
Baseball
3rd Team

1991-92
Troy Hoffer
Football
1st Team

1992-93
John Amos
Tennis
2nd Team*

1993-94
John Amos
Tennis
1st Team*

1994-95
Rhonda Gardemann
Volleyball
1st Team

1995-96
Lisa Berg
Tennis
1st Team*

1996-97
Jen Brown
Field Hockey
1st Team*

1997-98
Jen Brown
Field Hockey
1st Team*

1998-99
Jen Brown
Field Hockey
1st Team*

1999-00
Jen Brown
Field Hockey
1st Team*

2000-01
Matt Deckman
Baseball
3rd Team

2001-02
Patrick Jackson
Basketball
1st Team

2002-03
Travis Barclay
Volleyball
1st Team

2003-04
Travis Barclay
Volleyball
1st Team

2004-05
Kate Endress
Basketball
1st Team

2005-06
Sarah Ovias
Volleyball
3rd Team

2006-07
Aliya Holst
Soccer
2nd Team

2007-08
Justin Orr
Volleyball
2nd Team*

2009-10
Elizabeth Milian
Volleyball
3rd Team

2010-11
Alicia Barkley
Softball
3rd Team

2012-13
Skylar Chau
Soccer
1st Team

2013-14
Zane Takes
Football
1st Team

* At- Large Selection
Mid-American Conference Championships

Mid-American Conference Jacoby Trophy for Overall Excellence in Women’s Sports
2002-03 2001-02 2000-01 1999-00 1997-98

Mid-American Conference Reese Trophy for Overall Excellence in Men’s Sports

1975-76 Men’s Cross Country 1992-93 Women’s Volleyball Men’s Basketball *
1976-77 Football 1993-94 Men’s Tennis 2001-02 Men’s Basketball *
1978-79 Football 1994-95 Football Men’s Tennis *
1983-84 Field Hockey Men’s Tennis 2004-05 Men’s Tennis
1984-85 Field Hockey Men’s Tennis 2005-06 Men’s Tennis
1985-86 Field Hockey Men’s Tennis Men’s Golf 2006-07 Men’s Basketball *
1986-87 Field Hockey Men’s Tennis 1997-98 Women’s Basketball %
1987-88 Field Hockey Men’s Tennis 1998-99 Field Hockey Men’s Basketball %
1988-89 Field Hockey Men’s Tennis Men’s Basketball * 1999-2000 Field Hockey *
1989-90 Football Men’s Tennis 2000-01 Men’s Basketball *
2001-02 Men’s Basketball *
2002-03 Men’s Basketball Women’s Basketball *
2003-04 Women’s Basketball *
2004-05 Baseball %
2005-06 %
2006-07 %
2007-08 Women’s Basketball %
2008-09 Men’s Basketball %
2009-10 Men’s Basketball %
2010-11 Softball
2011-12 Men’s Tennis
2012-13 Softball

Women’s Basketball
2008-09 MAC West Champions
2009 NCAA Tournament

Football
2008 MAC West Champions
2008 GMAC Bowl

Softball
2010 MAC Tournament Champions
2010 NCAA Championships