Abstract

Parkinson's disease (PO) is a common disorder that has no known cure. Despite the lack of a cure, there are ways to treat/manage some of the symptoms and ways to cope with having the disease. In this project, I compile the research into a blog-styled website with the intent of providing an informal and easy-to understand resource for patients and caregivers coping with PD.

Physical, occupational, and speech therapy are three common services that those with PO generally benefit from. Movements of any kind help with the many physical symptoms of PD. Programs, such as LSVT LOUD help to improve voice volume and quality for those with speech symptoms as a result of the disease. There are many therapy options available for those with Parkinson’s, and I was fortunate enough to interview, observe, and attend many of the available options. My website is a compilation of all of my findings that I plan to expand on as new therapies and techniques come about.

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