Abstract

Sex education is already a subject many teachers are unprepared for with the general education population. Then, turn to the special education teachers who may have it as their job to cover sex education and it turns into a daunting task. Today, many teachers are ill-prepared to cover important topics that every student should have access to. The analysis of several different research articles covering the past, present, and future of sex education will drive change in how teachers should view teaching this subject and help them feel more prepared to teach it in their classroom. After a literature review, a plan was created for special education teachers of students with moderate and severe disabilities to be able to feel more prepared to teach this subject to their students. It covers what people have done in the past, what they are currently doing in classrooms, what topics should be covered, and some strategies on providing that instruction to students with moderate to severe disabilities. At the end of this plan there are sample lesson plans to show how a lesson on some of the topics presented could look like.

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