Where to go for help: for parents and children

An Honors Creative Project (HONRS 499)

by

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As I progress through my nursing classes and am nearing the end, I have noticed a reoccurring theme emerging. This theme is that there is a great lack of knowledge regarding places to go to when one needs help. Many people choose not to get help because they think it will cost too much money. Not knowing where to go to even begin to get help seems to be the main problem.

While searching for a topic on which to base my Senior Honors project on, I tried to find an area of special needs for this county and the surrounding area. There are many needs that could have been examined, but I wanted to narrow it down to one major need.

Since I plan to specialize in pediatric nursing once I graduate I chose to center my information around this area. I decided to create a pamphlet to address the needs of where to go for help. I wanted my pamphlet to cover a wide range of topics and information so as to be of help to as many people as possible, especially those with children.

Most of my time was spent looking for organizations I felt would be of help in the areas of counseling, support, sick and well child care, nutrition, development, and various others. I searched for places that were either free of charge or low in cost so more people could take advantage of them. I also collected addresses and phone numbers so people would have a direct line of contact for help.

The rest of my time was spent organizing and arranging the material so that it would be easy to read and understand. Since this pamphlet is geared mainly to the lower socio-economic classes I had to consider the reading level of those who might use this the most, yet I did not want to exclude anyone from being able to use this information. I also had to consider how to word things so that no one would be offended.

All in all, I hope this pamphlet will be put to good use by those who might not otherwise know where to go for help. It is my intention to find a sponsor who will be able to reproduce the pamphlet for distribution. The more people who have the opportunity to see it the more that will benefit from it.