

Abstract

Title: ELDERLY ADULTS' PERCEPTIONS OF HOME LIFESTYLE MONITORING TECHNOLOGY

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The following is a qualitative study designed to collect and study elderly (≥ 65) perceptions of in home lifestyle monitoring technology. Data were collected through three focus groups, organized and analyzed for results. The focus groups were run in a semi-structured manner with the co-moderators presenting questions from an original valid instrument. The study suggests that nearly all of the participants are comfortable with current technologies and around 50% of the sample group would be interested in using the new proposed technologies. The study also suggests that the participants have a high level of current wellness and are generally comfortable in their current residence.