

ABSTRACT

CREATIVE PROJECT: Integrating Music And Movement Into An Early Childhood
Education Curriculum

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PAGES: 68

Research suggests that children's participation in creative movement and music instruction has the potential to improve their memory, ability to express themselves, and the quality of their relationships, above and beyond the benefits of standard preschool instruction. Moreover, an integration of music and movement into standard preschool curriculum provides children with another outlet to express their emotions and creativity. This creative project highlights the benefits of adapting an established preschool curriculum to include music and dance for children ages 3-5. By adapting an established curriculum to include creative movement and music, children will have a better understanding of the arts while learning in each of the seven areas of development. A series of 28 lessons were created for the following seven areas of development identified in the Creative Curriculum for Preschool: English, Mathematics, Science, Social Studies, Physical Education/Health, Music, and Visual Arts. With each lesson, I provide detailed instructions for executing the activity and how each activity corresponds to the Foundations to the Indiana Academic Standards for Young Children from Birth to Age 5.