

**SPECIAL
POINTS OF
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Letter from the Chair

As many of you know, I am a new Fellow of the Society of Counseling Psychology of the American Psychological Association. I gave my Fellows presentation at the San Francisco convention in August 2007. As the theme of my address is really about touching others and leaving a legacy, I thought it most appropriate to use it as my newsletter statement this fall because I wouldn't be here without your support.



I AM BECAUSE YOU ARE

Sharon L. Bowman, PhD., HSPP, LMHC

Professor and Chair, CPSY

Fellow, American Psychological Association

Good afternoon, ladies and gentlemen, friends and colleagues. I have much to say and very little time in which to say it. First and foremost, I must thank my colleagues Larry Gerstein and David Dixon, who nominated me and encouraged me to complete this application. I also thank Thomas Parham and Tony Tinsley for writing such beautiful letters of support. And I say to my colleagues at BSU, and my current and former students, many of whom are here today, I am alternately pleased, humbled, bemused and amused by your support and encouragement of my efforts as your department chair and colleague. Thank you for letting me lead you for twelve years. Finally, to my husband Martin, who has the never-ending and sometimes truly thankless job of keeping me on track – thank you for everything you do for me.

I am a textile fabricationist, an art quilter, if you will. I weave together pieces, strips and blocks of fabric to create a whole new entity. Most of my current work is covered with words and phrases, created with paint, thread, or ink. The stitches are haphazard, uneven; chicken scratches holding the layers of material together. There is color everywhere; in the words, in the fabric and in the stitches themselves. Finally, I add beads and embellishments, lending a little sparkle and weight to the finished piece. Hand stitching like this takes a lot of patience, some vision, and the willingness to let things evolve in their own time. I have learned to not rush, or else the quilt will not lay flat, or stitches will have to be removed, or pieces will be sewn in upside down. I may stitch for hours, then look at my efforts and wonder if I will EVER be done. A quilt is so much more than the sum of its parts, and it is rarely, if ever, perfect.

I am also a counseling psychologist - an academician, an administrator and a therapist. Periodically I stop to study the quilt pattern that reflects my professional life. The patches are not perfect: they vary in shape, size and color; sometimes it is the small, seemingly innocuous patches that carry the most weight. The stitches represent words that influenced my path; some of those words were wise, while others were, well, more regrettable and foolish. Yet, every one of those stitches or words was vital to my development.

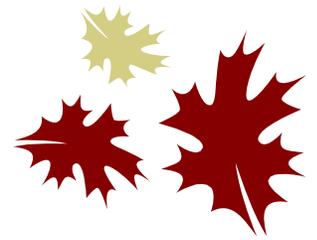
In that quilt I see my doctoral chair, Tony Tinsley, and my peers from Southern Illinois, and my masters chair, Linda Subich, and my peers from Akron. I can trace my “parentage” back to Lofquist and Dawis. With that lineage is it any wonder I leaned toward vocational psychology? My career as a counseling psychologist was shaped by the pattern they created.

My professional “quilt” has expanded over the years. There are newer patches representing the students whom I have chaired or advised in 19 years of teaching. There are stitches, or words, that I know I have said; I am known for making myself QUITE clear. Other stitches represent phrases that my advisees tell me I said, words that I may not recall or that I may regret having said; I can only hope most of those words were perceived as wise and not foolish. Some of my former advisees are now presenting their own students to the field, and I am a grandmother, professionally speaking. I know that I am but one patch in this unfinished textile, connecting the many pieces that existed before me to the others added after me, with many more to come.

I exist because of the stitches, the threads, and the beads that link me to the past, and I share those threads and chicken stitches and beads with those coming behind me. I am content to put my own touch on that quilt, to notice how the pattern changed because I added a stitch here, a bead there. As with my hand stitching, the process of molding a student into a counseling psychologist takes a long time and sometimes seems never-ending. I may not see the importance of the individual stitch, but when I look back I can see the pattern unfold. I am well aware that this professional quilt is not perfect, nor would I expect it to be. The missed stitches and backward patches all add to the charm. I am honored and humbled that the pattern of those stitches has led me to this place today. I stand here today because my parents and my 5th grade teacher agreed that the shy, backward Black girl in the corner was “college material.” I exist today as a counseling psychologist because someone ahead touched me, and I will continue to exist by touching those who come behind me. This counseling psychologist and artist is more than the sum of her parts. I can truly say, “I am because you are.”

Thank you for welcoming me into this most prestigious group.

Dr. Sharon Bowman



Dr. Gerstein's Achievements

Dr. Gerstein has been busy these past few months. Some of his recent professional appointments are:

- Co-Editor, International Forum, The Counseling Psychologist
- Editorial board, Journal for Social Action in Counseling and Psychology
- Member, APA Hospitality Committee
- Member, APA Division 17 2008 International Counseling Psychology Conference Planning



**The Department Picnic
in August 2007**
Above: Lucy and Theo
Right: Faculty and Students



Student Interviews

Caroline Schlemmer (M.A. Counseling - School Track)



Where is your hometown?

Wabash, Indiana

Where did you go for your Bachelors degree?

I received my Bachelors degree from Saint Mary-of-the-Woods College in Saint Mary-of-the-Woods, IN.

Why did you select this field of study?

I selected to do the school track because I love working with students individually and in groups during such formative years. While in my undergraduate studies, I did an internship with a guidance counselor and just fell in love with what the career entails.

What do you think of your experiences at Ball State so far?

I'm enjoying my time at Ball State University! It has been a little different from my undergraduate environment, but I am getting acquainted with the campus and the people.

What have you liked about the program?

I have only had three weeks of class so far, but I am really enjoying them. The professors seem very open and willing to help if students have questions. There seems to be a nice closeness within the program and I think this will prove to be very beneficial for learning.

What are your expectations for the program?

I expect the program to be challenging and rewarding. I also hope to gain experiences that increase my confidence and widen my scope of understanding.

“There seems to be a nice closeness within the program and I think this will prove to be very beneficial for learning.”

What are your future plans and career goals?

As of right now, I would like to be a guidance counselor at the high school level. At the end of my program I may find that my skills would be more beneficial to a younger age group, but for now I feel most comfortable in working with high school students.

What are some of your favorite interests and activities?

I enjoy boating, water skiing, snow skiing and any other outdoor activities. I like to do these things with my family and my friends. I also enjoy reading when I have the time.

Which country in the world would you most like to visit?

I would most like to visit Austria. During my undergraduate work, I studied abroad in London. After I had already signed all of the paper work to go to London, I was looking at the study abroad agency's pamphlet. I found a program in Austria and was very intrigued by the country. The pictures were beautiful and the write-up about the country's people and lifestyles left me curious. It's not many people's top pick, but I hope it will be the next country I visit.

Claudine C. Hyatt (Ph.D. Counseling Psychology)

Where is your hometown?

Kingston, Jamaica

Where did you go for your Bachelors and/or Masters degree?

The University of The West Indies, Mona Campus in Jamaica.

Why did you select this field of study?

I have always been interested in the human mind and behavior, as well as research that can ameliorate some of the problems that humans face.

What do you think of your experiences at Ball State University so far?

Some have been fascinating, others not so fascinating. Generally, people here are warm, especially when they know that you are an international student. They often go out of their way to help you.

What have you liked about the program?

I have had challenging and interesting courses that lend themselves to personal and professional development. That's why I'm here.

What are your expectations for the program?

I expect to leave as a well rounded psychologist with improved skills in research, practice and teaching.

What are your future plans and career goals?

I want to teach psychology at a university, engage in research and private practice and the development and implementation of policies in Jamaica that are informed by psychology.

What are some of your favorite interests and activities?

I like swimming, dancing, singing, sudoku and reading.

Which country in the world would you most like to visit?

I would like to visit China, because I have family members there.

“I have always been interested in the human mind and behavior, as well as research that can ameliorate some of the problems that humans face.”



Welcome to all the New Students!

The Department of Counseling Psychology and Guidance Services would like to welcome all of the new doctoral and master's students. The new doctoral students are:

Nikki Baugher
Joel Hartong
Claudine C. Hyatt
Eric Lester

John Meteer
Christopher Modica
Angela Tanney
Jennifer Walsh
Heather Wood
Julie Wren

There were also 46 new master's students who started the program this

Fall. The Community Track welcomed 13 students, the Mental Health Track had 11 students, 7 incoming students entered the School track and the Rehabilitation Track had 6 students. The General Social Track welcomed 3 students and 1 student was admitted to the Applied Social Track. In addition, 5 students came in with a double major.

In Remembrance of Cheryl Ann Hofherr



Cheryl Ann Hofherr, 56, passed away Thursday afternoon, October 14, 2007 at her residence.

She was born on December 19, 1950 in Chicago, Illinois, the daughter of Alice (Martino) McCartin and John J. McCartin Jr. Cheryl graduated from the Academy of Our Lady High School in Chicago; received her Associates Degree from Moraine Valley Community College, Palos Heights, Illinois in 1970; received her Bachelors Degree from Parsons Community College in Fairfield, Iowa in 1972 and received her Masters Degree from Ball State University in 1998. She moved to the Muncie area in 1973.

Cheryl worked in the field of rehabilitation for 32 years, most recently as the Area Supervisor for Vocational Rehabilitation Services, Muncie Office. She also volunteered for the Special Olympics.

Survivors include her husband of 25 years, Ron G. Hofherr; three children, Todd M. Hofherr, (wife-Paula), Indianapolis, Eric A. Hofherr, (wife-Jennifer), Yorktown and Jeff Hofherr, Crestview, Florida; four grandchildren, Emily and Allison Hofherr and Jacob and Elizabeth Hofherr; her brother-in-law, David Hofherr, (wife-Teresa), Yorktown; her sister-in-law, Rebecca Young, (husband-Jim), LaGrange; several aunts, uncles, nieces and nephews.

She was preceded in death by her parents; two sisters, Lourdene Elizabeth (McCartin) Johnson and Mary Beth McCartin; and a nephew, John Michael Johnson.

Services were held in The Meeks Mortuary and Crematory, Mt. Pleasant Chapel in Yorktown. Burial followed in Hawk Cemetery.

Memorial contributions may be made to Hospice, c/o Ball Memorial Hospital, 2401 W. University Ave., Muncie, IN 47303.

Cheryl Hofherr Memorial Fund

Cheryl Hofherr (MA 1998) died on October 4, 2007. She was a graduate of the masters program in rehabilitation counseling, and most recently was the area coordinator for Vocational Rehabilitation Services, Muncie Office. Cheryl leaves her husband of 25 years, Ron, three sons, two daughters-in-law, four grandchildren and a host of other family, friends and colleagues to mourn her loss and celebrate her life.

A fund has been established to honor the life of our dear friend and colleague, Cheryl Hofherr and will benefit students within Ball State University's Department of Counseling Psychology and Guidance Services. We would like to recognize and remember her dedication to serving individuals with disabilities and her commitment to the development of future rehabilitation professionals. Cheryl was aware that this fund was being created in her honor; she was touched and honored by the thought.

Over the last 32 years Cheryl has touched the lives of many people with disabilities and their families through her work in the field of rehabilitation. She began in this field in 1975 and has since worked in a variety of settings helping individuals with disabilities to reach their life goals. Early in her career Cheryl worked to improve opportunities for individuals with developmental disabilities through her eight years of service at Hopewell Center and four years with Hillcroft Services. After some time with the Bureau of Developmental Disabilities, Cheryl transferred to a position with Indiana Vocational Rehabilitation Services (VR). For 14 years Cheryl worked as a Vocational Rehabilitation Counselor in the Muncie VR office. In 2000 she was promoted to Area Supervisor, the position in which she served for the last seven years.

Cheryl first joined the Department of Counseling Psychology and Guidance Services as a member of the inaugural class of the Master's program in Vocational Rehabilitation Counseling. She graduated from the program in 1998. Cheryl earned her credentials as a Certified Rehabilitation Counselor and Licensed Mental Health Counselor that same year. Since 1999 she has served as an Adjunct Faculty member in the department, educating students in the rehabilitation counseling specialty courses. Over the years Cheryl has also supported rehabilitation students' clinical skill development by serving as an internship site supervisor. In 2003 she was instrumental in making the rehabilitation specific practicum

possible by hosting the course at the Muncie VR office. Cheryl's leadership helped to build an immersive learning environment where rehabilitation counseling practicum students work collaboratively with Vocational Rehabilitation counselors to serve clients with diverse disabilities. Cheryl has been an extraordinary role model for our rehabilitation professionals-in-training. She is a shining example of the commitment to removing barriers and building opportunities for full community integration of individuals with disabilities.

In discussing her wishes for this fund Cheryl shared her thoughts on her career and advice for students:

"To this day I am still passionate about rehabilitation services. It is great to see people out of the institutions and into the community. The institutions were my first taste of rehabilitation. My younger sister was born with brain damage and eventually she had to be institutionalized. It means a lot to see people with disabilities in the community doing things with their lives, just like you and me. I've enjoyed meeting so many people through my work and learning so much from them.

"Recognize your limitations and play on your strengths. You can never be strong in everything so you have to choose."

Vocational Rehabilitation Services (VR) focuses on achieving an employment outcome through counseling and guidance, restorative services, education and training. We will break down any barrier to provide a level playing field to get jobs. It is not about giving people their wish list, just what they need, what is absolutely necessary so they have a chance, like anyone else.

My theory on rehabilitation professionals is that everyone starts out as a cheerleader - full of enthusiasm, wanting to set the world on fire. Those who stick with it become the seasoned veterans. All of those seasoned veterans were at one time cheerleaders. You have to go through a stage where you want to know it all.

So my advice to students is to expose yourself to as much as you can. Then find your niche, your strengths. Recognize your limitations and play on your strengths. You can never be strong in everything so you have to choose.

Choosing can be difficult but figure out where you can really do your best.

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Cheryl Hofherr Memorial Fund, cont'd

Be able to walk away. Shut it down. If you remember something in the middle of the night, write it down, and go back to sleep. Don't make that your entire focus. If you suffer, your clients suffer. You may be taking it more seriously than they do!

Be honest with your clients. You don't have to share details of your personal life but let them know your feelings. You're a person too and they need to recognize that. You can have a bad day just like them. Being honest about that makes the process easier.

There is a great deal of immediate satisfaction in this job. You can see that you've helped someone set out on the road that they needed to travel.

But also there are those that you've touched and you never knew it. Then you receive a card a year later. It says "I met you and you changed my life".

Those are the perks of this work- knowing that you helped them get started and that hopefully you can also see the results."

As an alumnus, supporter of the Rehabilitation Counseling program, student mentor, disability advocate, loyal colleague, and role model for all of us we thank Cheryl. Through her work she planted the seeds of hope for many people and helped their dreams become realities. Through this fund we strive to carry on her legacy of improving the lives of those with disabilities by educating professionals who will continue to do this important work.

Gifts may be made to the Ball State University Foundation with it designated to the Cheryl Hofherr Fund #2002.

Checks may be mailed to:

Ball State University

University Development

Ball State University

Muncie IN 47306-9987

ATTN: Karen Staley

Gifts can be made on line through our secure on-line giving site. Log onto www.bsu.edu, find the GIVING page at the top right corner. Once you click into GIVING look for GIVE NOW which resides in the blue section to the right. This page is the secure on line giving page and will allow you to make a gift with a credit card. When you reach the section that is allocation please use the drop down screen and choose TEACHERS COLLEGE then in the box requesting OTHER ALLOCATION type in 2002 for Cheryl's fund.

If you have any questions regarding this process please feel free to contact Karen J. Staley, Director of Development at Ball State University at 765-285-7056 or email kjstaley@bsu.edu.

"Through this fund we strive to carry on her legacy of improving the lives of those with disabilities by educating professionals who will continue to do this important work."

In Remembrance of Dr. Richard T. Besenhofer



On December 3, 2006, Dr. Richard Thomas Besenhofer died of heart failure in Mesa, Arizona. He was born in Chicago on December 18, 1951 and grew up in Mount Prospect, Illinois. At age 14 he moved with his family to Mesa, where he graduated from high school and college.

Richard studied psychology and obtained a masters degree from Northern Arizona State and a Ph.D. from Ball State University. Richard practiced Solution Focused Brief Therapy (SFBT) and was planning a documentary about SFBT at the time of his death. Considered an excellent SFBT therapist, he trained many providers in SFBT in the United States, Germany, and

Poland. A memorial service was held in Mesa, December 5, 2006. There was a great outpouring of love and admiration from Richard's domestic and international colleagues on the SFBT listserv and he was especially admired by those he trained in Germany and Poland.

Alumni News

Congratulations to **Kelly Hartman, M.A.** ('91). She leads the Indiana Association of Behavioral Consultants and was recently honored with the Indy's Best and Brightest Award!

Heather Anderson Klein, Ph.D. ('06), **Rosalyn Davis, Ph.D.** ('07), and **Toni Bruce Gesler, Ph.D.** ('06) have all passed the EPPP (psychology licensure exam)!

Adam Zagelbaum, Ph.D. ('05), will be receiving the Faculty Excellence Award at Governors State University in October of this year. He has been working there for only two years so this is a great honor.

Rehabilitation Counseling Alumnus **Summer Ibarra, M.A.** ('06), and her husband, Sherwin, are celebrating the birth of a baby girl! Reesa Malaya Ibarra was born September 22 at 6:50 p.m. Reesa weighed 7 lbs., 4 oz., 20.25 inches long. Congratulations to Summer and Sherwin on their beautiful daughter.

Matthew Carlson Schaffner was born at 9:22 pm, May 19, 2007 to **Angela Shaffner, Ph.D.** ('05) and her husband Dusty. He weighed 8 lbs., 2.5 oz., and was 21 inches long. He wasn't born with much hair, but what he does have seems to be red. Congratulations to Angela and Dusty on their beautiful boy.

Melissa Cacialli, M.A. ('06), **L.P.C.I.**, passed her licensure exam in November 2006. She is now working as Wilderness Therapist for Lone Star Expeditions, which is a therapeutic wilderness program in Texas. She is working with teenage girls in the Davy Crocket National Forest and gets to do all the counseling work she loves, but instead of an office she does counseling in the sunshine or under the stars!

Michele (Aulisio) Evans, Ph.D. ('04) was licensed in April 2007 and is glad to have the EPPP and orals over with! She is now working in private practice in Columbus, OH, doing psych evals and is also teaching adjunct at Capital University. In addition, she is involved in the Ohio Psychological Association.

Kelsey Backels, Ph.D. ('91) has been promoted to Full Professor at Millersville University. Congratulations!

Scott L. Moeschberger, Ph.D. ('06) and his wife just had their first child. His name is Ciaran Wicklow and he was born in Dublin, Ireland on August 3rd; he weighed 8lbs 9ozs and was 21.5 inches long. Congratulations to them!



CONGRATULATIONS!

On October 6th, Rehabilitation Counseling student, **Laura Davis**, got married to Tyler Oyer!

Miranda Winstead, double major in our masters program, got married to Bradly Linville on October 13th!

We wish both couples a lifetime of happiness.

At A Glance

Tuesday, October 23	Course withdrawal period ends.
Tuesday, November 20	Classes meet according to a Friday time configuration.
Wednesday, November 21 – Saturday, November 24	Thanksgiving break – no classes
Monday, November 26	Classes resume
Saturday, December 8	Final examination day for Saturday classes
Friday, December 7	Last meeting day for regular classes
Monday, December 10 – Friday, December 14	Final exams
Friday, December 14	Fall semester ends
Saturday, December 15	December Commencement (graduation) at 10 a.m.
Sunday, December 16 – January 6, 2007	Semester Break
Monday, December 17	Grades due at noon
Monday, January 7	University classes begin
Friday, January 11	Late registration and change-of-course ends
Monday, January 21	Martin Luther King, Jr. Day - no classes
Sunday, March 9 – Sunday, March 16	Spring break - no classes
Monday, March 17	Classes resume
Monday, March 17	Course withdrawal period ends. Instructor's permission is not required.
Friday, April 25	Last meeting day for regular classes
Saturday, April 26	Final examination period for Saturday classes
Monday, April 28 – Friday, May 2	Final exams
Friday, May 2	Spring semester ends
Saturday, May 3	May Commencement (graduation)
Monday, May 5	Grades due at noon

Job Opportunities

The following job opportunities require the completion of a Ph.D.

West Virginia University - Faculty position, assistant/associate professor of counseling & counseling psychology. For more information visit <http://www.hre.wvu.edu/crc/welcome/index.php>, call 304.293.2227 or email James.Bartee@mail.wvu.edu.

News from the Community and Mental Health Counseling Program

Content Exam

The content exam was administered on Wednesday, October 24th. The next administration will be in March 2008.

Professional Organizations

The American Counseling Association (ACA) is a educational and professional organization that promotes the advancement of the counseling profession. ACA offers various benefits including professional publications, access to professional liability insurance program, discounts on workshops, conferences, books and more. Visit the ACA website: www.counseling.org/Students for helpful information for counseling students, or to become a member.

The Indiana Counseling Association (ICA) is the Indiana branch of ACA. The ICA organizes an annual spring educational conference and other educational programs throughout the year, advocates for the counseling profession and maintains a network of counseling professionals and students. To become a student member of ICA, visit their web site at www.indianacounseling.org. You may also wish to join the Indiana Mental Health Counselors Association Division of the ICA.

The American Psychological Association (APA) is a scientific and professional organization representing psychology in the United States. It is the largest association of psychologists in the world, with members in public, legislative and institutional settings. To become a member or get more information on the APA, visit www.apa.org

Dr. Kruczek and Rebecca Hansen in the UK

Dr. Kruczek and doctoral student Becca Hansen are having a great time in the U.K. and will have lots of stories to share when they return!



**Rebecca Hansen
in Ireland**

Interview with Dr. DeLeana Strohl

Second year master's student, Amy Crane, conducted the following interview with our new contract faculty Dr. DeLeana Strohl

What is your educational background and rehabilitation experience?

I have four degrees from Ohio State University:

Bachelor's of Arts in Human Ecology (6/86)

Master's of Arts in Social Work (6/91)

Master's of Science in Rehabilitation Counseling (3/2000)

Doctorate of Philosophy in Rehabilitation Services (3/2005)

I have worked in several specialty areas within rehabilitation. I spent 10 plus years working with persons with developmental disabilities and severe mental illness (dual diagnosis). I spent 7 years providing individual, group, and family counseling to residents of long-term care facilities and retirement communities. The population that I served was predominately geriatric but with each year the residents were getting younger due to changes in the healthcare setting. Many younger individuals not ready to return to home and not ill enough to stay in hospitals were transferred to sub-acute units in nursing homes. I worked with all ages 18-98. Additionally, due to the setting, I provided a lot of end-of-life counseling.

I left mental health counseling to work as a vocational rehabilitation case manager for persons with a primary diagnosis of mental illness. However, I was enticed to return to my former group practice as Director of Clinical Services. I left administration to teach at a small private college in Ohio, Wilberforce University, for six years prior to accepting the contract position at Ball State.

What are your current research and teaching interests?

Research interests: Multicultural counseling and its intersection with ethics; psychosocial rehabilitation; vocational rehabilitation outcome studies pertaining to disability type, urban/rural, ethnicity, and age; rehabilitation counselor education;

attitudes towards disability; adjustment to disability. Teaching interests: group counseling; pre-practicum; practicum; multicultural counseling; medical aspects of disability; psychosocial adjustment to disability; counseling theories, and ethics.

Are you involved in any professional organizations?

I am presently President-Elect of Ohio Rehabilitation Counseling Association (ORCA), the state chapter to National Rehabilitation Counseling Association (NRCA). I am in my 2nd year of membership on the ORCA board of directors. I was treasurer of Ohio Rehabilitation Association but I had to transfer those duties to someone else when I accepted the position at Ball State. I will always want to be involved in professional organizations. I am also a member of the following organizations: National Rehabilitation Association (NRA), National Association for Multicultural Rehabilitation Concerns (NAMRC), and Rehabilitation Counselors and Educators Association (RCEA).

"I value my professional organizations for their commitment to the field of rehabilitation and counselors."

Do you have any special skills or hobbies?

My favorite hobby is touring on my bicycle. I enjoy running errands on my bike as well as taking week-long tours. I also love backpacking, hiking, and volleyball (indoor and outdoor). I enjoy antiquing and visiting historical sites. I am a large-dog lover, I have a St. Bernard and a German Shepherd.

Thank you Amy and Dr. Strohl!



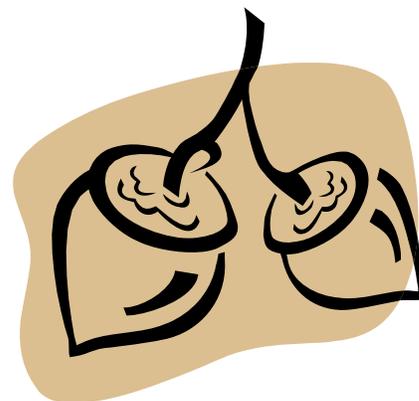
News from the School Counseling Program, by Dr. Alexander

Transforming School Counseling

What an exciting time for our school counseling program. First, I'm proud to announce that Michelle Mullens, director of the school counseling program at Highland High School, has announced that Anderson Community Schools has agreed to partner with Ball State School Counseling program in becoming a Transforming School Counseling program. What this means is that we will be examining the following ten essential elements of the school counseling program including:

1. Mission to the program
2. Integrating the use of technology throughout the program
3. Examining the criteria for selection and recruitment of candidates
4. Curricula content and sequence of courses
5. Methods of instruction, field experiences and practices
6. Induction into the profession
7. Relationships with community partners
8. Professional development for counselor educators
9. Partnership with Anderson School District
10. Partnership with the State Department.

We look forward to a long and productive relationship with Anderson Community Schools.



ISCA Conference

This year also marks my term as president of the Indiana School Counselor Association; thus my workload feels like it has doubled, but I am truly enjoying every (well, almost every) moment. ISCA continues to make great strides organizationally and legislatively. Best of all, Stedman Graham has agreed to be our keynote speaker at this year's conference. In case you missed it, Oprah mentioned in her inaugural program for this season that Stedman was a graduate of Ball State. We have some excellent workshops and presentations in store, with something for each developmental level, so register early. New this year, I've included a dance on Thursday night; this should come as no surprise for those who know me. Look for photos of that event in the next edition of CPSY Times.

(Continued on page 12)



Dr. Alexander, students and school staff in St. Lucia.

News from the Rehabilitation Counseling Program

Welcome to Dr. DeLeana Strohl!

This fall Dr. DeLeana Strohl has joined the department as a new contract faculty. She was previously an educator and administrator at Wilberforce University in Ohio. She will be teaching rehabilitation specialty and general counseling courses. We are pleased to have her here. See the interview with Dr. Strohl on page 10 in the newsletter.

Update on the CORE/CACREP Merger

“The CORE and CACREP Boards met in their respective summer meetings to vote on the proposed merger agreement that had been developed by the CORE-CACREP Merger Task Force. The CORE Board did not vote on the merger agreement at their meeting. The CACREP Board voted unanimously to accept the merger agreement as negotiated by the Merger Task Force” (Retrieved September 26, 2007 from <http://www.cacrep.org/merger.html>). In her July 25, 2007 letter CORE President, Linda R. Shaw, described the concerns that lead to CORE’s decision not to vote on the merger “Although CORE is willing to merge with CACREP, the CORE Board cannot agree to a merger that requires that faculty members may only have degrees from doctoral counselor education programs or the requirement of 3 full-time faculty members for each program. These requirements have the potential to seriously harm the quality and availability of rehabilitation counselor education programs.” The CPSY Rehabilitation Counseling program will continue to operate under CORE accreditation standards.

Inaugural Indiana Rehabilitation Association Student Chapter

Masters students Amy Crane and Kelly Lessel have shown exceptional initiative and leadership in the development of the first ever Indiana Rehabilitation Association Student Chapter! See their announcement below for more information about getting involved.

Announcement from Amy Crane & Kelly Lessel:

Are you interested in advocating for or supporting individuals with disabilities? If so, consider joining the new student chapter of the Indiana Rehabilitation Association! Possible activities for the student chapter include: fundraising events, disability awareness on campus, networking with leaders in the community, and developing or assisting local organizations with disability issues. Any involvement in the student chapter would be greatly appreciated and welcomed! Those interested in becoming members of the Indiana Rehabilitation Association (IRA) Student Chapter must join the National Rehabilitation Association (NRA). A limited number of IRA sponsored NRA student memberships are available. This will be a great opportunity for counseling students to meet professionals in the community, build your resume, and learn more about disability and health issues. For more information, please contact Kelly Lessel at kdlessel@bsu.edu or Amy Crane at alcrane@bsu.edu. We look forward to hearing from you soon!

Indiana Rehabilitation Association Annual Conference

The Indiana Rehabilitation Association Annual Conference will be held at Easter Seals Crossroads in Indianapolis on November 29th. BSU Rehabilitation Counseling students will be participating by presenting posters on a variety of disability issues. Students from other tracks are also welcome to present posters on issues relevant to the conference. Please contact Dr. Tschopp if you would like to learn more about presenting at IRA.

(Continued on page 13)

Rehabilitation News, cont'd

Presentation on College Students with Disabilities

Ball State University Department of Counseling Psychology- Rehabilitation Counseling Program hosted the Indiana Rehabilitation Association (IRA) October Dessert & Discussion event. Dessert & Discussion is a series of regional presentations designed to provide education and networking opportunities for professionals interested in disability issues. The event theme, “*Ensuring a Smooth Transition for College Students with Disabilities*,” featured presentations by Larry Markle, Director of BSU Disabled Student Development, and Carlos Taylor, BSU Adaptive Computer Technology Specialist. The event was held Tuesday, October 9, 2007, in Teachers College. Admission cost for Dessert and Discussion is *free* for anyone donating an item to IRA’s ebay fundraiser and IRA members; \$5.00 for non-members, \$3.00 for students

For reservation information contact Dr. Molly Tschopp, IRA President Elect, at 285-8040 or by email mktschopp@ballstate.bsu.edu. The Indiana Rehabilitation Association is a chapter of the National Rehabilitation Association. The NRA is a member organization whose mission is to promote excellent practice in rehabilitation. The NRA’s vision statement is to be the premier organization of diverse professionals committed to the empowerment of all people with disabilities.

- Dr. Tschopp

School News, cont'd

St. Lucia

After two years of planning and development, 8 students from the Masters program in Counseling and 9 students from Burriss laboratory school traveled to St. Lucia for 3 weeks to introduce the “Help Increase the Peace Program Indianapolis (HIPP-I)” to students and school staff in St. Lucia. Both groups of students spent the year with our HIPP-I partner JT from the Peace Learning Center in Indianapolis and were trained and certified in the peace building program. Next, our Burriss students introduced the program to middle school students at Burriss laboratory school. In May, our Masters students traveled to St. Lucia and spent the first week training students from 4 secondary schools in the HIPP-I program. These schools were (1) Bocage Secondary School, (2) Gross Islet, (3) Vide Boutielle Secondary and (4) Sir Ira Simmons. During week 2 in St. Lucia, our Burriss students were able to join us and were paired with secondary students from St. Lucia to then introduce the HIPP-I program to the schools in St. Lucia.

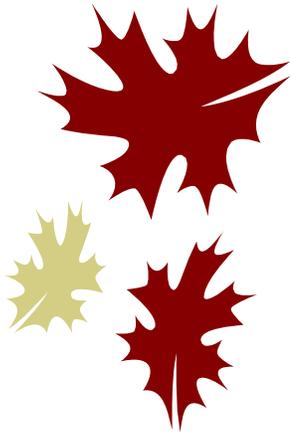
I have to say that this was one of the most rewarding experiences of my life. Our students did an amazing job working with students, staff, and administrators. Next, we hope to host students and staff from St. Lucia in Muncie during the summer of 2008, while preparing for another class to visit St. Lucia during the summer of 09.

- Dr. Alexander.

**Dr. Alexander and students
attending the St. Lucia trip**



Recent Publications



- Frain, M. P., Berven, N. L., Tschopp, M. K., Lee, G. K., Tansey, T., & Chronister, J. (in press). Use of the resiliency model of family stress, adjustment and adaptation by rehabilitation counselors. *Journal of Rehabilitation*.
- Perrone, K. M., Perrone, P. A., Ksiazak, T. M., Wright, S. L., & Jackson, Z. V. (2007). Self-perceptions of gifts and talents among adults in a longitudinal study of academically talented high school graduates. *Roeper Review*, 29, 259-264.
- Perrone, K. M., Webb, L. K., & Jackson, Z. V. (2007). Relationships between parental attachment, work and family roles, and life satisfaction. *Career Development Quarterly*, 55, 237-248.
- Tschopp, M. K., Perkins, D. V., Hart-Katuin, C., Born, D. L., & Holt, S. L. (2007). Employment barriers and strategies for individuals with psychiatric disabilities and criminal histories. *Journal of Vocational Rehabilitation*, 26(3), 175-187.
- Wood, B. K., Hunt, A. L., & Wood-Jenkins, S. C. (2006). Making good lessons great: Incorporating multiple intelligences into everyday lesson plans. *Journal of Philosophy and History in Education*, 56, 40-48.

Recent Presentations

- Alexander, C. M., & Metzger, L. (2007). *The Indiana Licensing and Mentoring Program for Beginning School Counselors and the ASCA National Model*. Paper presented at the annual meeting of the American School Counseling Association, Denver, CO.
- Bishop, M., Frain, M., & Tschopp, M. K. (2007, August). *Psychosocial adaptation and self-management in multiple sclerosis: A longitudinal investigation*. Poster presented at the American Psychological Association Annual Convention, San Francisco, CA.
- Frain, M., Bishop, M. & Tschopp, M. K (2007, October). *Adherence to medical treatment advice among persons with chronic illness and disability: The critical role and place of the rehabilitation counselor*. Presentation at the 2007 Annual NRCA Professional Development Symposium, Louisville, KY.
- Frain, M., Tschopp, M. K., & Bishop, M. (2007, February). *Quality of life outcomes for persons with chronic illness*. Roundtable presented at the National Council on Rehabilitation Education 7th Annual National Rehabilitation Educators Conference, San Diego, CA.
- Gerstein, L.H. (2007, August,). *Challenges and opportunities of cross-cultural research and practice*. Chair of Symposium presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
- Gerstein, L.H. (2007, August). Discussant. In S. A. Leung & P. Chen, *International counseling psychology: Collaboration in a flat world*. Symposium presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
- Iwasaki, M., Williams, A. L., & Cavanaugh, A. (2007). *Intergenerational social contact: Psychological well-being among frail elders*. Poster session presented for the annual meeting of the American Psychological Association, San Francisco, CA.
- Jenkins, S. C. W. (March, 2007). *Are Anorexia Nervosa and Bulimia Nervosa Equally related to Religious Asceticism in Clinically Diagnosed Eating Disordered Adolescent Females?* Poster session at the Annual Great Lakes Regional Conference, Akron, OH.
- Jenkins, S. C. W. (March, 2007). *Eating Disorders in Gifted Students*. Annual Conference for the Indiana Association for the Gifted/Indiana Department of Education (IAG/IDOE), Indianapolis, IN.
- Jenkins, S. C. W. (March, 2007). *Religious coping in individuals with chronic illness*. Poster session at the Annual Great Lakes Regional Conference, Akron, OH.

Recent Presentations, cont'd

- Jenkins, S. C. W. (October, 2006). *Are Anorexia Nervosa and Bulimia Nervosa Equally related to Religious Asceticism in Clinically Diagnosed Eating Disordered Adolescent Females?* Poster session: Annual conference for the Eating Disorders Task Force of Indiana, Muncie, IN.
- Jenkins, S. C. W. (October, 2006). *Are Anorexia Nervosa and Bulimia Nervosa Equally related to Religious Asceticism in Clinically Diagnosed Eating Disordered Adolescent Females?* Poster session: Annual Conference for the Indiana Psychological Association, Indianapolis, IN.
- Jenkins, S. C. W., & Ksiazak, T. M. (August, 2007). *Health Behaviors and Outcomes of People Who are Gifted.* Poster session: Annual Conference for World Gifted Council. University of Warwick, England.
- Jenkins, S. C. W., & Ksiazak, T. M. (March, 2007). *Health Behaviors and Outcomes of People Who are Gifted.* Poster session at the Annual Great Lakes Regional Conference, Akron, OH.
- Ksiazak, T. M., & Jenkins, S. C. W. (November, 2007). *The ingredients of successful counseling: What gifted children need their parents to look for in a counselor.* Annual Conference for the National Association for Gifted Children (NAGC), Minneapolis, MN.
- Nicolas, D. R. (Symposium Chair) (2007). *Establishing Careers in Counseling Health Psychology: Advice from Experts.* Symposium at the annual conference of the American Psychological Association, San Francisco, CA.
- Perrone, K. M., Ksiazak, T. M., & Wright, S. L. (February, 2007). *Definitions of Giftedness and Self-Perceptions of Gifted Adults.* Paper presented at the Indiana Counseling Association Conference, Indianapolis, IN.
- Perrone, K. M., Ksiazak, T. M., Wright, S. L., & Jackson, Z. V. (August, 2007). *The role of gender in self-perception of abilities.* Paper presented at the American Psychological Association Conference, San Francisco, CA.
- Perrone, K. M., & Marmarosh, C. M. (August, 2007). *The importance of attachment in psychotherapy and in life.* Paper presented at the American Psychological Association Conference, San Francisco, CA.
- Shankar, J., & Gerstein, L.H. (August, 2007). *Understanding Hindus' and Muslims' solutions for peace in Gujarat, India.* Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
- Tschopp, M. K., Perkins, D. V., Hart-Katuin, C., Born, D. L., & Holt, S. L. (2007, March). *Employment barriers and strategies for individuals with psychiatric disabilities and criminal histories.* Poster presented for American Rehabilitation Counseling Association Programming at the American Counseling Association Annual Conference, Detroit, MI.

Attention:

Graduating Master's Students

In order to graduate you must apply for graduation at the Graduate School by the deadline in the semester you intend to graduate.

Graduation Application Deadline:

For Spring 2008 February 4, 2008

Deadline for Receipt of Research Papers, Creative Projects, Theses, and Dissertations:

For Fall 2007 November 19, 2007

For Spring 2008 April 7, 2008

Applications submitted after the deadline may be switched to the following semester for graduation (students do not have to reapply for graduation). Please see the Graduate School's web site www.bsu.edu/gradschool for forms and more information.

Upcoming Conferences & Workshops

Indiana School Counselor Association

2007 Fall Conference

November 1-2, 2007

Indianapolis, IN

www.isca-in.org

Association of Women in Psychology

2008 Conference

March 13-16, 2008

San Diego, CA

www.awpsd.org

Winter Roundtable

25 Years of Racial-Cultural Issues in Psychology and Education: Honoring the Past and Anticipating the Future

February 15-16, 2008

New York, NY

www.tc.edu/roundtable

American Counseling Association

Annual Conference & Exposition

March 26-30, 2008

Honolulu, HI

www.counseling.org/convention

2008 International Counseling Psychology Conference

March 6-9, 2008

Chicago, IL

www.icpc2008.org

American College Personnel Association

Annual Convention

March 29 - April 2, 2008

Atlanta, GA

www.convention.myacpa.org



We appreciate your generous support of CPSY at Ball State University. If you have any questions regarding making a gift to the department please feel free to contact Karen Staley, Director of Development, at 765-285-7056 or via email at kjstaley@bsu.edu

You can also go to our web page at www.bsu.edu/counselingpsychology and hit the link to "Make a Gift."

Gifts may be made to the General Fund, the Hofherr Fund, or the Cacavas Fund (more on this in the next newsletter).



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KEEP IN TOUCH!

We continue to be very curious about what our current students and alumni are up to
so keep those announcements coming!

The Keep In Touch Form is now online at www.bsu.edu/counselingpsychology