Welcome to the new year, everyone! Of course, by the time you read this we won’t be too far away from the calendar new year (I’m actually referring to the new academic year).

This year, not only do we welcome new master’s and doctoral students to the happy, little BSU family, but the campus and department welcome some other new faces. Our new president, Dr. Paul Ferguson, comes to us from the University of Maine. We look forward to meeting him in a CPSY faculty meeting in the spring. Elsewhere in this issue, you will find an interview with the new school counseling faculty member, Dr. Jungnam Kim, who comes to us from the University of Maryland. She and the program director, Dr. Renae Mayes, have hit the ground running and are developing new ideas to take our already accomplished program to new heights. If you haven’t met her, be sure to stop by and say hello!

In other news, we have experienced a bumper crop of cute new babies on the CPSY scene. Announcements and photos are elsewhere in this issue.

If you haven’t considered it yet, now is a good time to think about your professional future. What have you done lately, besides attending classes? When was the last time you went to a conference? I suggest you plan for at least one before you graduate. The options are endless, but there are some big ones you should consider.

For those interested in social psychology, in early May 2015, one logical choice is the Midwestern Psychological Association annual meeting in Chicago, Illinois. It seems to be particularly popular with social psychology and industrial/organizational psychology folks, and Chicago is just a short drive away! School counseling students have the state school counseling conference coming up soon, but, in late June 2015, in Phoenix, Arizona, there is also the national school counseling association conference. The National Council on Rehabilitation Education Conference is in April 2015, in Newport Beach, California. The National Multicultural Summit is in mid-January 2015, in Atlanta, Georgia. We are hosting the Great Lakes Regional Counseling Psychology Conference in March 2015. Also, there are the two major conventions in 2015: the American Counseling Association annual convention in March in Orlando, Florida, and the American Psychological Association annual convention in August in Toronto, Canada. Get your passport or passport cards now! At these conferences you will have the opportunity to network with possible future employers and colleagues, learn about the latest work in the field, and have the chance to present your own brilliant work to the public. Besides, did you notice how many of those events are happening in really nice areas when the weather here may not be so nice?

For those of you working on the clinical mental health program (or picking up the licensure classes) AND those who plan to remain in Indiana post-graduation, there is a relatively new license in effect, the LMHCA (licensed mental health counselor associate), which is designed in part to regulate persons who are still earning the 3,000 post-degree hours needed for the LMHC. There are very specific rules defining who must apply and WHEN you must apply. Please read up on this license (www.in.gov.pla/3444.htm) and submit the forms to the department in a timely fashion.

Best wishes for a good ending to the semester!

Dr. Sharon Bowman
Congratulations to our doctoral students who matched on internship! We wish you a successful and enjoyable year!

**News from the NEW Doctoral Program Director — Dr. Donald Nicholas**

As most of you know, I took over as the Director of our doctoral program in summer 2014, following Dr. Spengler’s one semester fill-in (spring 2014) for Dr. Gerstein, who was on sabbatical in Hong Kong. As mentioned in our last newsletter, Dr. Gerstein served the department well for 16 years as director, and I am now learning all of the work involved!

**GOOD NEWS** — We successfully completed our APA Accreditation site visit in fall 2013, and learned in May 2014, that “the Commission on Accreditation voted to award accreditation to this program. In so doing, the Commission scheduled the next accreditation site visit to be held in 2020.” In other words, we are now accredited, once again, for the maximum time period of seven years. WE ARE VERY PLEASED! We would like to say thank you to all of our faculty, students, and alumni for their contribution to this very important accomplishment.

**Internship Match/Sites**

This was another very successful year on the internship matching process, with 100 percent of our students, who applied, matching.

- **Yuri Choi**
  University of Oregon Counseling Center, Eugene, Oregon

- **Scott Fernelius**
  Gulf Coast VA Healthcare System, Biloxi, Mississippi

- **Gunnar Orn Ingolfsson**
  University of Maine Counseling Center, Orono, Maine

- **Matt Jackson**
  Wright-Patterson USAF Medical Center, Dayton, Ohio

- **Phillip Keck**
  James H. Quillen VA Medical Center, Mountain Home, Tennessee

- **Nick Lee**
  Iowa State University Counseling Center, Ames, Iowa

- **Katerina Psarropoulou**
  University of Texas-Austin Counseling Center, Austin, Texas

- **Nehad Sandozi**
  Cincinnati VA Medical Center, Cincinnati, Ohio

**New Students**

See page 7 in this newsletter for more details about the incoming class of 2014-2015. We have our usual 10 new doctoral students and are very pleased and excited that they are now here, settling in, and getting busy!
Welcome! I want to give a big welcome to our new and returning students in the Clinical Mental Health Counseling (CMHC) track. I hope you have a great educational experience with us this academic year. For those who graduated in May and July 2014, and to those graduating in December 2014, Congratulations!

Content Exam — The content exam is administered twice during the academic year. The next administration will be Friday, November 14, from noon to 4 p.m., in Teachers College, room 227. This is a reminder that all students in the Clinical Mental Health Counseling program must pass the exam before graduation. You may take the exam once you have completed at least 30 semester hours of coursework. Please stop by the main office, Teachers College, room 605, to let us know if you plan to take the exam this semester.

Professional Organizations

I encourage all of our CMHC students to become members of the American Counseling Association (ACA) or the American Mental Health Counselors Association (AMHCA). One benefit to such membership (in addition to subscription to their flagship journal) is that professional organizations offer malpractice insurance for a reasonable price. We require all students to carry malpractice insurance once they begin their practicum and internship activities. Please check these websites for more information about what these organizations offer:

- ACA: [www.counseling.org](http://www.counseling.org)
- AMHCA: [www.amhca.org](http://www.amhca.org)

We always enjoy hearing from our graduates. Please email the department at cpsy@bsu.edu, or me at stefaegis@bsu.edu, to let us know how you are doing in your careers and lives.

Dr. Stef

Social Psychology Club

The purpose of the Social Psychology Club at Ball State University is to promote research, education, training, and development in the area of social psychology. Our club seeks to provide a forum which fosters communication, enhances the dissemination of related information, and provides encouragement among professionals in the field. Anyone interested in joining or learning more about this club, please contact Dr. Brooke Wilken (bwilken@bsu.edu) or Anca Barsan-Cayro (ambarsoncayr@bsu.edu).
News from the School Counseling Program

We would like to extend a warm welcome to our new school counseling students and our returning students! We are excited about the opportunity to see each of you continue to grow as professional school counselors.

We also want to welcome our new school counseling faculty member, Dr. Jungnam Kim! Dr. Kim is a graduate of the Counselor Education Program at University of Maryland, College Park. She will be teaching school counseling and general counseling courses. We are excited to have you join CPSY and look forward to seeing you in action!

In the Field

This fall, our second-year pre-service school counselors have begun their internship experiences in middle schools and high schools across the state of Indiana. Our students have internships in the following school corporations:

- Hamilton Southeastern Schools (Dawna East-McCoy & Ashley Matthews)
- Yorktown Community Schools (Megan Fizer & Elizabeth Jones)
- Daleville Community Schools (Bethany Sinkhorn)
- Delta Community Schools (Tyler Lehman & Sarah Sargent)
- Wes-Del Community Schools (Tracy Chambers)
- Northern Wells Community Schools (Jordan Steiner)
- Burris Laboratory School (Samantha Lamb, Sadie Mennen, & Natalie Sachs)

We are excited to announce our new partnerships with elementary schools in the Muncie Community Schools Corporation. This partnership allows for our first-year pre-service school counseling students to grow their microskills in elementary schools during their fall semester pre-practicum experience. Our students will continue their experience at the elementary school level through practicum. Currently our first-year pre-service school counseling students have been placed at:

- North View Elementary School (Carol Villanueva-Perez)
- West View Elementary School (Cathi Shepherd & Kaylee Wilson)
- Longfellow Elementary School (Teddy Dawson & Nicole Wilbur)
- East Washington Academy (April Baugher & Michael Skiles)
- Storer Elementary School (Kristen Evans & Amanda Gilbert)
Congratulations to our Recent Graduates!

The School Counseling program had four graduates in spring 2014. Three of our grads were looking for jobs and were able to secure school counseling positions.

- **Grace Haglund** is now a school counselor at Northside Middle School in Muncie, Indiana.
- **Samantha Fitzjarrald** is now a school counselor at Kokomo High School in Kokomo, Indiana.
- **Caroline Keel** is now a school counselor at Greensburg High School in Greensburg, Indiana.

**Congrats, grads! We are so proud of you!**

**Conferences**

- **Indiana School Counselor Association Annual Conference**
  November 6-7, 2014
  Indianapolis, Indiana

- **Evidenced Based School Counseling Conference**
  March 26-27, 2015
  Erlanger, Kentucky

- **American School Counselor Association Annual Conference**
  June 28-July 1, 2015
  Phoenix, Arizona

Several of our second-year school counseling students will be presenting their work at the 2014 Indiana School Counselor Association Annual Conference. Congratulations to the following students on their conference sessions:

- **Bethany Sinkhorn, Samantha Lamb, & Natalie Sachs** presenting on “The School Counselor’s Role in the IEP Process.”
- **Jordan Steiner & Elizabeth Jones** presenting on “Preparing Students with Special Needs for Success After High School.”
- **Megan Fizer & Sarah Sargent** presenting on “Elementary School New Student Groups.”
- **Tracy Chambers** presenting on “Moving on Up.”
- **Ashley Matthews & Sadie Wright** presenting on “Supporting High School Students with Eating Disorders.”

**#BSUSC on Twitter**

Are you interested in continuing the conversation about school counseling and students in K-12 schools? Join the conversation on Twitter by using #BSUSC! This is a place where you can share your thoughts as well as articles and resources with your fellow Ball State School Counseling colleagues. Don’t have a Twitter account? Take a look at the conversation by visiting the Twitter homepage and do a search for #BSUSC. Looking forward to seeing you in the twitter-verse!
News from the Rehabilitation Counseling Program

Welcome to our new and returning Rehabilitation Counseling students! We hope that your year is off to a great start. We are also pleased to welcome back our 2006 Rehabilitation Counseling alumna, Yunhee Lee! She is now a doctoral candidate at Seoul National University of Korea and has joined the CPSY department this year as a junior scholar. We congratulate Yunhee on all of her accomplishments!

Comprehensive Examination — Rehabilitation Counseling students have the option of completing the program-based comprehensive examination or the national Certified Rehabilitation Counselor Examination (CRCE) administered through the Commission on Rehabilitation Counselor Certification (CRCC). Please remember to review the options and contact me with your intentions. Note that the application deadline for the CRCE is approximately six months before the examination period. See www.crccertification.com for examination information and deadlines.

Upcoming Conferences


- **American Rehabilitation Counseling Association (ARCA) Call for Proposals for Student Presentations** — Deadline for proposal submission: October 31, 2014. Call for student presentation proposal submissions as part of the ARCA sponsored presentations at the 2015 Annual American Counseling Association Conference and Exposition. The conference will be held in Orlando, Florida on March 12-15, 2015. ARCA invites proposal submissions which focus on effective strategies and innovations in education, research, practice, and policy as it relates to the rehabilitation counseling profession. This includes, but is not limited to, the impact of technology (communication and social networking), programs, transition, evaluation, and practices.

- **National Council on Rehabilitation Education (NCRE) Call for Proposals** — Deadline for proposal submission: November 9, 2014, by 9:00 p.m. (PST). On April 22-24, 2015, NCRE will host the 15th Annual National Rehabilitation Educators Conference in Newport Beach, California. To help you prepare your concurrent and poster presentation proposals, please refer to the link to download the PDF files located under the overview tab: http://www.ncre.org/spring.html

Wishing everyone a productive semester!
Dr. Tschopp
The Department of Counseling Psychology and Guidance Services (CPSY) would like to welcome our new faculty member, visiting scholar, and master’s and doctoral students!

**New faculty member** — Dr. Jungnam Kim, assistant professor, school counseling

**Visiting junior scholar** — Yunhee Lee, doctoral candidate, Seoul National University of Korea

**New doctoral students** — The doctoral program in Counseling Psychology welcomes 10 new students (pictured below)

**New master’s students** — This fall, 43 students joined our master’s programs. The Clinical Mental Health Counseling program has 20 new students, the School Counseling program welcomes 10 new students, and the Rehabilitation Counseling program has six new students. The Social Psychology program welcomes seven new students, three in the applied track, one student in the general track, and three students who are enrolled with a double major in Social Psychology and Clinical Mental Health Counseling.

Pictured above are the first-year doctoral students in Counseling Psychology, from left (back row): Frank Carr, Katie Rice, Tacianna Indovina, Alicia Brooks, Becca Kinsey, Kerry Smith, and Jessicah Shrack; (front row, from left) Katie Rider, Corie Loisell-Hess, and Alyssa Arnett.
Congratulations, Graduates!

Spring 2014

- **MA in Counseling**
  - Clinical Mental Health Counseling — Alyssa Arnett, Kymberlee Huff
  - Rehabilitation Counseling — Jacob Cooper
  - School Counseling — Samantha Fitzjarrald, Grace Haglund, Rebecca Hammons, Caroline Keel

- **MA in Social Psychology**
  - Applied — Olivia Fellows

Summer 2014

- **PhD in Counseling Psychology** — Yves Ambroise, Erin Davis, John McConnell, Laura Walker (pictured below, left to right, with: Dr. McGovern, Dr. Spengler, Dr. Chan, and Dr. Bowman)

- **MA in Counseling**
  - Clinical Mental Health Counseling — Paige Bailey, Natalie Bruick, Francis Carr, Sarah Conway, Matthew Deregnaucourt, Laura Huber, Kacie Klem, Heather Martin, Theresa Morris, Tacianna Indovina, Alexandria Petry, Katherine Quigley, Sarah Richardson, Amanda Ruble, Kaylee Smith, Kerry Smith, Elliot Spengler, Meredith Spiers, Douglas Spiker, Erin Tekulve, Danielle Warner
  - Rehabilitation Counseling — Keiuma Bennett, Seth Curtis, Justin Krowel, Katy Roth

- **MA in Social Psychology**
  - General — Athena Kheibari
BSU Special Interest Group: 
Association of Neuropsychology Students in Training (ANST) 

The Ball State University Association of Neuropsychology Students in Training (ANST) is a special interest group associated with the American Psychological Association’s (APA) Association of Neuropsychology Students in Training, the student organization for APA’s Division 40, Clinical Neuropsychology. The purpose of ANST is to provide a forum in which students may discuss and disseminate information related to important issues in clinical neuropsychology such as training, practice, research, and career opportunities. It is open to all those who are interested! For more information, contact us at: ANST@bsu.edu; Teachers College (TC), room 524; or join our Facebook group, Ball State ANST.

- November meeting (date TBD); Neuropsychology in Sports

Faculty News & Awards

- **Dr. Charlene Alexander** — was “identified as one of the 30 outstanding leaders featured in our annual Women’s History Month Edition,” by the staff at *Diverse: Issues in Higher Education*.
- **Dr. Donald Nicholas** — was awarded the Dorothy Booz Black Award for Counseling Health Psychology by Division 17, Society of Counseling Psychology, of the American Psychological Association (APA).
- **Dr. Kristin Perrone-McGovern** — is now a Fellow of the American Psychological Association (APA).

**Save the Date:** Great Lakes Regional Counseling Psychology Conference

**Great Lakes at 28: (1988 — 2015)**

“Navigating the Crossroads into the Future of Counseling Psychology”

March 27-28, 2015

Hosted by Ball State University and the Department of Counseling Psychology and Guidance Services

(It’s never too early to start preparing those proposals!)

written by **Kerry Smith**, MA, first-year doctoral student

**Coming soon:** [www.bsu.edu/greatlakes2015](http://www.bsu.edu/greatlakes2015)
Recap: National Counseling Psychology Conference — Atlanta 2014

This past spring, CPSY students and faculty were fortunate to attend and participate in the National Counseling Psychology Conference, which only happens once every six years! The conference was held March 13-16, 2014, at the Hilton Hotel in downtown Atlanta, Georgia. The theme of the conference was Counseling Psychology in Action: Future Opportunities and Challenges, with topics embraced in four sub-themes: Training Contexts, Integrated Health Care/Holistic Health, Violence/Trauma, and Domestic and International Diversity.

The conference was one of the presidential initiatives of CPSY's department chair, Dr. Sharon Bowman, who was President of Division 17 of the American Psychological Association from August 2013 to August 2014. Dr. Bowman has been just a little busy over the past year of her presidency with planning the conference among working on her many other successful presidential initiatives. We are all very proud of her amazing work!

Over 800 people attended the conference from across the country and around the world! Dr. Bowman was assisted in the planning of the conference by her steering committee, conference planners, and her graduate assistant at the time, Kerry Smith, whose projects included assisting in the planning of the mentoring dinners, creating a promotional video for the website, and organizing the silent auction. The conference was a huge success, with many attendants complimenting the opportunities for networking, mentorship, and diversity of programming.

(Continued on next page)
Some of the highlights of the conference included:

- Over 30 posters, roundtables, symposia, and paper presentations by CPSY faculty, students, and alumni (see pages 22-24 for a complete listing).
- A keynote speech by APA President, Dr. Nadine Kaslow, on the future of Counseling Psychology.
- A panel presentation of Past-Presidents’ initiatives from APA Division 17.
- Collaboration with Georgia State University’s Cultural Competency Conference.
- Friday night mentoring dinners hosted by esteemed counseling psychologists where students mingled with famous psychologists over dinner at a downtown Atlanta restaurant.
- A Saturday evening dance where students and professionals danced the night away!
- A silent auction with donated art pieces created by Counseling Psychologists and students which raised over $1,300 for travel funds for Early Career Professionals.
- A Ball State student and alumni ice cream social reception in Dr. Bowman’s beautiful suite (over 30 students, faculty, and alumni attended to celebrate Dr. Bowman)!

Written by Kerry Smith, MA, first-year doctoral student

Pictured at left: CPSY students enjoying some down time at the 2014 Atlanta conference. From left: Yamini Bellare, Kerry Smith, Clare Gruszka, Corie Loisel-Hess, Georgiana Sofletea, Andrew Brimhall, and Ryan Hess.

Pictured at right: CPSY students goofing around! From left: Manisha Rustagi, Claire Kubiesa, Georgiana Sofletea, Kerry Smith, Gunnar Ingolfsson, Andrew Brimhall, Anca Barsan-Cayro, Clare Gruszka, Corie Loisel-Hess, and Ryan Hess.
Congratulations, students, on all of your accomplishments and successes!

Student News & Awards

- **Yuri Choi** (current doctoral student) was nominated for the Office of Multicultural Affairs Outstanding Multicultural Program award.
- **Lauren Cunningham** (current doctoral student) was awarded the APA Division 19 (Military Psychology) travel award to the 122nd Annual Convention of the American Psychological Association (APA) in Washington D.C.
- **Lamarra Currie** (current doctoral student) won the prestigious APA Minority Fellowship. The APA Minority Fellowship Program is an innovative, comprehensive, and coordinated training, mentoring, and career development program that enhances psychological and behavioral outcomes of ethnic minority communities. It provides financial support, professional development activities, and guidance to promising doctoral students and postdoctoral trainees in an effort to increase the number of ethnic minority professionals in the field and advance our understanding of the life experiences of ethnic minority communities.
- **Rachael Collins** (current master’s student) was chosen to the Campus Representative for the American Psychological Association for Graduate Students (APAGS) Advocacy Coordinating Team (ACT) for 2014-2015.
- **Ryan Hess** (current doctoral student) was awarded the APA Division 19 (Military Psychology) travel award to the 122nd Annual Convention of the APA in Washington D.C.
- **Gunnar Ingolfsson** (current doctoral student) was awarded the Office of Multicultural Affairs Outstanding Supporter of the Year.
- **TaeSun Kim** (current doctoral candidate) accepted a postdoctoral fellowship at the University of California, Berkeley.
- **April Krowel** (current doctoral student) was awarded the APA Division 19 (Military Psychology) travel award to the 122nd Annual Convention of the APA in Washington D.C.
  - Was awarded an ASPIRE Hollis grant award.
  - Received the Bernadette Perham Scholarship, which supports female students who demonstrate academic excellence and leadership.
  - Was awarded State Leader of the Year and the Excellence in State Leadership Award — APAGS Advocacy Coordinating Team, based on the involvement and collaboration with one’s state psychological association.
  - Was appointed Chair of APA Division 17’s (Society for Counseling Psychology) Military Special Interest Group.
  - Is now the Regional Advocacy Coordinator for APAGS Advocacy Coordinating Team.
  - Is now the Student Liaison for Give an Hour.
- **Emily Mastroianni** (current doctoral student) was awarded an ASPIRE Hollis grant award.
  - Was nominated for the Office of Multicultural Affairs Outstanding Multicultural Program award.
- **Erin Sadler** (current doctoral student) was awarded an ASPIRE Hollis grant award.
- **Kodee Walls** (current doctoral student) was awarded an ASPIRE Hollis grant award.
  - Was nominated for the Office of Multicultural Affairs Outstanding Multicultural Program award.
Yves Ambroise (PhD, ’14) was hired as a staff therapist at Purdue University’s Counseling and Psychological Services center.

David Adams (MA, ’10; PhD, Dec. ’14) joined the staff of the University of Iowa’s counseling center, within the College of Dentistry working specifically with that student population.

Robert Sky Allen (MA, ’94) graduated from Ball State University with a MA in Social Psychology. He went on to earn a PhD in Community Psychology at National Louis University in Chicago, Illinois, and is a licensed psychologist providing substance abuse treatment at Regional Mental Health Center in East Chicago, Illinois.

Ronald G. Ballenger (PhD, ’79) writes, “I continue to work as Clinic Coordinator and Psychologist at the Adams Benjamin Junior Veterans Affairs Outpatient Clinic in Crown Point, Indiana. This is my 11th year in the setting and I have enjoyed it greatly. Before coming to Crown Point, I was fortunate to be located in Europe for nearly 22 years: four years working as a professor in the Ball State University master’s and doctoral programs located on American Air Force bases in Spain, Greece, and Germany, and then 17 years in Germany working with the Department of Army as a federal employee and psychologist. The doctorate from the BSU Counseling Program is highly regarded and is viewed as one of the top in the US. It has been, and continues to be, a major key that allows many wonderful events and people to be in my life. Best to all in the program now and best wishes for future success.”

Erin Davis (PhD, ’14) accepted a teaching position at Indiana Wesleyan University, in Marion, Indiana.

Jackie Engebretson (PhD, Dec. ’14) accepted a postdoctoral fellowship at Emory University/Children’s Healthcare of Atlanta, where she will be working with the current President of APA, Dr. Nadine Kaslow!

Frank W. Fisher (MA, ’72) turned 72 early this year and is a retiree living in Daytona Beach, Florida.

Desiree Howell-Gilpin (MA, ’10; PhD, Dec. ’14) accepted a position at the Counseling and Psychological Services Center at Pennsylvania State University.

Don C. Locke (EdD, ’74) writes, “The Association for Counselor Education and Supervision (ACES) named its mentoring award in honor of Don C. Locke and Pamela Paisley. Locke and Paisley conducted emerging leaders workshops for ACES and SACES for more than 20 years. Locke credits his focus on mentoring to his Ball State CPSY experiences and his own mentors as he began his distinguished counselor education career. Locke retired from North Carolina State University in 2005, as a Distinguished Professor Emeritus. Locke published the third edition of *Increasing Multicultural Understanding* in 2014, with Deryl F. Bailey, a University of Georgia counselor educator whom Locke mentored.”

Roy W. Ludlow (EdD, ’79) writes, “...not much has happened since October 2010, when I was awarded my Doctor of Biblical Studies in Biblical Counseling, from Masters International School of Divinity in Evansville, Indiana. I am currently working on a PhD in Biblical Counseling. Dissertations are tough business!”

John McConnell (PhD, ’14) accepted a two-year postdoctoral neuropsychology fellowship at the VA Hospital in Dallas, Texas. Chris Modica (PhD, ’12) accepted a faculty position at Wright State University, in Dayton, Ohio, where he will also be working with another of our alumni, Dr. Bob Rando.

Sara Munsell (MA, ’67) writes, “I am retired after 35 years as an educator. I taught for 10 years and spent 25 years as a secondary guidance counselor, athletic director, director of counseling, etc. I now live in Sebring, Florida. I still support BSU and continue to be thankful for my BSU education.”

Kathleen Niegocki (PhD, Dec. ’14) has accepted a postdoctoral fellowship at Princeton University’s counseling center.

Guy Ogan (MA, ’87) completed a CPSY master’s through BSU’s European campus while stationed in Holland. After his retirement from the USAF, he completed a master’s in Counseling and Human Development through Hardin-Simmons University, in Texas, then worked for the Texas Department of Criminal Justice before retiring from there as a Psychologist. His wife and he now live in West Texas where Guy enjoys writing a series of Paranormal-Romance novels.

Dave Police (MA, ’96) writes, “I am in my 19th year as a school counselor at Angola High School in Angola, Indiana. In my time here, I have been a part of a freshmen peer mentoring program called SWARM. In addition to my counseling duties, I coached soccer for 13 years and am now serving part-time as an Assistant Athletic Director and sponsor of our Student-Athlete Advisory Council.”


Heather Wood (MA, ’07; PhD, ’12) obtained her license and accepted a job as a psychologist at the Trinitas Hospital Child and Adolescent Outpatient Unit in Elizabeth, New Jersey.

Laura Walker (PhD, ’14) has accepted a postdoctoral fellowship at the Missouri VA Hospital in Columbia, Missouri.

Emily Zumbaugh (MA, ’07) is now a school counselor at Morgan Park Academy in Chicago, Illinois. She says, “I am willing to serve as a source or refer students or graduates, or however I can help!”
Yves Ambroise (PhD, ‘14) and family welcomed the arrival of their daughter, Solange Sylvie Ambroise, on April 21, 2014. She weighted 8 lbs., 12 oz., and was 22 in. long.

Aaron Esche (current doctoral student) and family welcomed the birth of August Liam Esche on April 11, 2014.

Alexandria Petry (MA, ‘14) gave birth to her son, Mitchell Patrick Petry, on July 30, 2014. He weighed 8 lbs., 6 oz.

Desiree Howell-Gilpin (MA, ‘10; PhD, Dec. ‘14) became the mother of her second child, a son, Zaiden, on April 14, 2014.

Jordan Steiner (current master’s student) and his wife, Shannon, welcomed a new addition to their family, Britt Catherine Steiner, on April 7, 2014. She weighed 7 lbs., 5 oz., and was 21 in. long!

Dr. Brooke Wilken (assistant professor, Director of the Social Psychology program) gave birth to a baby girl, Karuna Wilken Diliberto, at 10:33 PM, on September 3, 2014. She weighed 7 lbs., 1 oz., and was 20.1 in. long.
Trina Dillard (current master’s student) got married on October 5, 2013, to her husband, Ethan Krieger, in Fortville, Indiana.

Tacianna (Oliver) Indovina (current doctoral student) got married on August 2, 2014, to her husband, Chris Indovina, in Rochester, New York. The couple then traveled to Punta Cana in the Dominican Republic for their honeymoon.

James Van Hoven (current doctoral student) got married on May 3, 2014, to his wife, Molly, in La Crosse, Wisconsin.

Nathan Walters (current master’s student) got married on July 26, 2014, in Anderson, Indiana, to his wife, Lindsey. The couple spent their honeymoon in Riviera Maya, Mexico.

Clare Gruszka (current doctoral student) married Dustin Edwards on June 21, 2014, in Las Cruces, New Mexico at the Mesilla Bosque State Park.

Sadie Wright (current master’s student) got married on May 24, 2014, in Marion, Indiana, to her husband, Jeremy. The couple had a reception in Grundy Center, Iowa a few weeks later, and then went on a honeymoon cruise to the Bahamas.
Even more CPSY celebrations!

Kerry Smith (current doctoral student) got engaged to Jake Beduna on August 4, 2014, at the beach in Holland, Michigan. Aubrey Smith (current master’s student) got engaged on June 20, 2014, at Disneyland in Anaheim, California, to Lt. Dan Martell of the US Navy. They met while Aubrey was at the 2013 APA Convention in Hawaii, where he was stationed at the time. They plan to marry in April 2016.

Alyssa Arnett (current doctoral student) got engaged to Tyler Brown on September 27, 2014. The couple is planning a December 2014 wedding. Emily Mastroianni (current doctoral student) got engaged to Seth Elder on April 25, 2014, at the historical site, Veraestau, in Southeastern Indiana. The couple will marry in July 2015.

Hunter Sully (current master’s student) got engaged to Jeff Carter on May 15, 2014. The couple is planning a wedding for spring 2016.
This summer marked the 122\textsuperscript{nd} Annual Convention of the APA which was held in Washington D. C.

CPSY faculty, students, and alumni were busy with a wide range of symposiums and presentations. For a complete list of faculty and student presentations, please see pages 22-24.
Pictured above: **Ryan Hess** (current doctoral student) and **Dr. Kristin Perrone-McGovern**.

Pictured right: **Dr. Donald Nicholas** and **Dr. Sharon Bowman**.

Picture below: **Emily Mastroianni** (current doctoral student), Dr. Sharon Bowman, and **Kodee Walls** (current doctoral student).

Pictured right: **Claire Kubiesa** (current doctoral student) and **Phil Keck** (current doctoral candidate).

Pictured left: **Dr. Sharon Bowman** delivering her Presidential Address as the President of Division 17 (Counseling Psychology) of APA.

Pictured above: **April Krowel** (current doctoral student) with the APAGS Twitter team.
Faculty Interview: Dr. Jungnam Kim, Assistant Professor, School Counseling

Where is your hometown? Sucheon, South Korea.

Where did you obtain your bachelor’s, master’s, and doctoral degrees, and what were your majors? I earned my bachelor’s degree in science education from Seoul National University of Education in 1997, my master’s degree in counseling from the Catholic University of Korea in 2005, and my doctoral degree in counselor education from the University of Maryland at College Park in 2012.

What led you to school counseling? I was an elementary school teacher for almost 10 years. I became interested in counseling because I realized that I needed more skills to communicate with students or figure out their problems. I decided to apply for graduate school. When I was in graduate school, I was an adjunct school counselor at the elementary school where I counseled students. After graduating with my master’s, I wanted to continue my education because I love studying counseling and counseling students in the school setting; so, I had to think about whether to apply to school in South Korea or the US for my PhD. I applied and got accepted to the University of Maryland for the doctoral program. I was interested in the human being, why they have those kinds of problems in the classroom, why they show those kinds of behaviors, and I needed more skills and knowledge to help the student in the classroom setting.

What brought you to Ball State? I was looking for a focus on both research and teaching, and I noticed that the balance between research and teaching was a characteristic of the program and of the department. I wanted to further develop my higher education teaching and research skills. I also liked that this department focused on social justice, multiculturalism, and diversity, and had research and study that focused on those areas.

Please describe your role within the department. Because this is my first year here, I don’t have many obligations beyond being an assistant professor. The department is letting me get settled in Muncie first, and then maybe after this first year I will publish some articles, do my own research, and collaborate with some colleagues to research some topics. I think next year I am going to be more involved in the dissertation committees of the doctoral students and hopefully, I will also supervise some master’s or doctoral students. I feel that what I can contribute to the department would be to help make the school counseling program stronger and to help get more students enrolled in the program. I want to further encourage the school counseling program to train our students to have social justice and multiculturalism competence, and encourage school counselors to get training in working with diverse populations.

What are your research and teaching interests? My research and teaching interests are family-centered; I find that culture appealing. My primary research agenda is centered on parent empowerment—I am interested in helping the parent to feel empowered and how that affects their children’s education. I am also interested in the intersecting factors of race, income, and language, and how those intersecting factors can affect the level of parent’s empowerment. More broadly, I would like to contribute to and enhance the social justice, multiculturalism, and advocacy efforts in school counseling and counselor education programs. Additionally, I am interested in college readiness for the student, and how the parent can help their children’s own college readiness, preparation, and training.

In terms of teaching, basically I love to teach any of the courses in the school counseling program. Specifically, I like to teach the practicum and the introduction to school counseling courses. I would be interested in developing a course that focused on teaching parent education, engagement, empowerment, and involvement. If the CPSY department would want to open up a course to the parents, I would love to teach that. I also would like to teach the internship, organization of the guidance curriculum, and research courses.

Outside of academia, what are your favorite activities and interests? I like to swim, to walk, and sometimes watch TV.

If you could have one superpower, what would it be? For right now, I keep thinking about my research and my publications, and I wish I could have super intelligence. Whatever I read I can totally understand, and I can write a sentence or paragraph or paper in one sitting or just in one day. I could figure out any problem I have, or others have, or in the world. If I could have super intelligence, I would get those kinds of abilities.

If you could have dinner with one person (dead or alive, fictional or nonfictional), who would it be and why? My father came up because my father passed away when I was five years old and I missed him for a long time. I wish I could meet my father and maybe just talk with him, walk outside together, have a meal and cook some food together. I always wanted to tell him what was going on in school, what kinds of things I am struggling with, and what kind of future I wanted. Although I am an adult, I still miss my father. It’s less than the years when I was young, but it’s always there.

Favorite book: On Becoming a Person, by Carl Rogers

Favorite TV show: Fringe
**Student Interview: Luma Bashmi, BA, MA (MA, Social Psychology — General)**

**Where is your hometown?** East Riffa, Bahrain.

**Where did you earn your bachelor’s degree and what was your major?** I obtained my BA in psychology from the American University of Beirut in 2005, and a MA in marketing and communications from the London College of Communication, in London, England in 2009.

**What led you to social psychology?** I always considered myself the type of person who had to discover what it is that I am passionate about, how I can be successful and actually financially survive with that, and how I can actually give back to the community. After getting my BA, I started working in investment banking. Banking was one of the few thriving industries back home, and considered to be a very good opportunity to pursue, whereas we are limited with opportunities in counseling or psychology. In my culture, going to a psychiatrist may be common yet still somewhat taboo; there is this misconception that you’re oversharing your personal and family issues to strangers. And, there’s also a confidentiality and trust issue with local counselors. Coming from a country with a population of less than one million, of which approximately 70% are residents, your community is small and there’s still a lack of trust. There is also the ‘Khawaja’ complex, in which expatriates, especially Westerners, are considered more qualified and experienced in various fields than locals. No one will want to share their information with you either because they don’t trust that you can maintain confidentiality or that you’re not capable enough to assist. There is a struggle there and I really wanted to change this.

My first job made me realize that banking and working for a very hierarchical organization was not for me. My first master’s program was very hands-on; I was involved with a project that was based in psychology and on a very cross-cultural research study on attitudes and values about minorities and tourists in London. Having been exposed to so many thoughts and perspectives from diverse cultures, I think that as much as cultures are different, they are very much the same. That idea kept my interest focused on social psychology. After graduating, I moved back home because I felt I was ready to contribute to the community. I was very nationalistic and naive, so I thought government was the job for me. At the time, things politically were very calm in Bahrain, so I chose to work with the Ministry of Information (Information Affairs Authority). I joined in November of 2010. Three months later, we had a political crisis, which was unfortunately labeled as part of the Arab Spring but was far different from it.

I feel I have a unique perspective having worked both inside and outside government. I was involved with the investigative report on behalf of the government (which I felt was a very balanced report) and interacted with a lot of international media and press. It was a bit ridiculous and intense, especially at 25 or 26 years old. It was not what I expected after going to school. It was really intense and conflicting, the moral and ethical side of things really drove me crazy. It wasn’t black and white. They eventually put me as an acting director for international media affairs. I knew they meant well by putting me in a position of power, as a female and not from the ruling family. I really understood what my position entailed and thinking back, had I not been working for government, I may have had a different perspective. But, I also saw it from an insider’s perspective; I saw how the Ministry had a lot on their hands in terms of the politics of managing such a diverse society, the regional threats from Iran, and security issues on the ground. I actually supported that when it was peaceful and there were no human rights violations, but there was a point where it escalated on the streets, protestors were no longer peaceful and external parties were meddling in internal affairs.

I tried to be neutral both professionally and personally, and not overly emotional about it, but at the time this was difficult since events like this never happened in Bahrain. It was shocking, like if it happened in Muncie. After three years of completing my time in government, I was ready to move on because I was unsure of what contribution I was giving back to the community, and felt I could do more for my country outside of this role. For once, I actually felt like there was no clear bad or good side. I did have the best experience in that job, and I have so many more memories that I can share and learning experiences because it was very personal to me.

The aftermath of the political situation also took a toll on the nation psychologically. The amount of anxiety and stress disorders that came out of the political situation was tremendous. Seeing the increase in medication prescriptions, I started to research Cognitive Behavioral Therapy (CBT), neuroscience, and alternative forms of therapy that would be equal to medication. Prescription medications were very popular and it was expensive to get alternative forms of therapy. Having tried CBT personally, and hearing from personal friends and colleagues about counseling, diagnosis, and prescription for mental disorders experiences, this triggered my curiosity even more. My experience working for the government during the political crisis was also a great example of group dynamics at play. Now that I am learning about social psychology, all of these theories and examples come to mind and I wanted to understand people’s motivation. All of these factors combined made me want to train myself further. I was interested in the clinical side of psychology, but also sociopolitical influence, group dynamics, and culture.

**Why did you choose Ball State?** Ball State was one of the recommended schools by the Fulbright Program and came highly rate in the field of Social Psychology.

**What do you think of your experience at Ball State as a master’s student so far?** It has been a work-intensive but interesting experience! I am hoping to do a lot more research and meet new friends in the process.

**What are your research interests?** I have a wide range of interests that cover social psychology and group influence, healthy eating behavior, regulation/control of anxiety and depression, memory and learning, CBT, behavioral neuroscience, and neurological assessment in the psychological field.

**What are your future plans and career goals?** My goal is to pursue a PhD in Behavioral Neuroscience after finishing my master’s degree. Eventually, I would like to move back to my country to offer consultancy services in psychology and communications, as well as set up the first research studies center focused on Social Psychology and Behavioral Neuroscience in the Arabian Gulf.

**What are some of your favorite activities and interests?** I like to keep active, so Ahtanga yoga, swimming, and cycling are part of my weekly routine. I love trying new things and am always up for adventure so any type of outdoor or physical activity like racquetball, surfing, wakeboarding, and supyoga are always on my list. I’m also a big lover of the beach, traveling, and the arts, so I always make sure to visit museums and art galleries wherever I go!

If you could have dinner with one person (dead or alive, fictional or nonfictional), who would it be? It’s tough to pick one person, so I’ll cheat a bit. It would probably be a group dinner with Stanley Milgram (psychology) to discuss his experiment on obedience to authority, Gamal Abdulnasser (politics) to talk about Pan-Arabism and how to make it work, Salvador Dali (artists) if only to chat about the chaos happening in the world, and have Dizzy Gillespie (jazz) performing in the background.
Student Interview: Becca Kinsey, MA (PhD, Counseling Psychology)

Where is your hometown? Leesburg, Virginia.

Where did you obtain your bachelor’s and master’s degrees, and what were your majors? I earned my bachelor of arts degree in psychology from James Madison University, and my master of arts degree in clinical psychology from the University of Dayton in 2014.

What first interested you in counseling psychology? I always liked the applied side of psychology, so I wanted to do research and then apply it to different clinical populations. I also like working with people, so that’s good! I was really interested in trauma and the military for a long time, and I did my master’s thesis on homelessness, stigma, and trauma. I took a positive psychology class my senior year (of undergraduate) and got really interested in that material. I was fortunate enough to get involved in positive psychotherapy at the Counseling Center at the University of Dayton, which was great. I would like to possibly study post-traumatic growth along the way to merge my two interests. I applied to counseling psychology doctoral programs because there seemed to be more positive psychology research occurring in these types of programs compared to others, and I’m happy with my choice!

Why did you choose Ball State? I like the Midwest and really liked the program. I really thought everyone was genuine during the interview. I didn’t think they were saying things just to get me into the program or get me excited. I felt like people were genuinely excited to be here. The atmosphere also felt really collaborative and supportive, which is something that I value. I also liked the assistantships that were offered that will let me get a flavor of everything.

What do you think of your experience at Ball State as a doctoral student so far? It’s been good. I really like my cohort and we have fun. I’ve been living here since May so I’ve already gotten acclimated. It’s kind of surreal but I think I’m finally starting to feel like I’m in a doctorate program and this is life. It’s good. It’s also been great that we get to do therapy so soon into the program.

What are your research interests? Generally, I have a passion for positive psychology, but what exactly I’d like to dive into within that subject is difficult. I think it would be really interesting to look more at how self-efficacy is involved with happiness, and if there are interventions that can create increased feelings of self-efficacy to then lead to increased feelings of happiness or subjective well-being. I volunteered to run a behavioral activation program for men at a shelter for my thesis, which was really interesting, so maybe looking at marginalized groups.

What are your future plans and career goals? I’m kind of vacillating between academia with private practice on the side, or working at a Veteran’s Affairs (VA) healthcare system. We’ll see how I feel in three years though. Hopefully I can get a practicum or internship at a VA and get a feel for it, then think about it more seriously.

What are some of your favorite activities and interests? I really like wine tasting, cooking, exercising, and watching Netflix.

If you could have dinner with one person (dead or alive, fictional or nonfictional), who would it be? Martin Seligman or Michael Fassbender.

If you could have one superpower, what would it be? Teleportation because I hate traffic. If I could just get somewhere really quickly, I’d be pretty pumped.


Favorite TV show: House of Cards, The League, Supernatural, Arrow, Vampire Diaries, anything sci-fi or on the CW.

Favorite movie: All of the X-Men movies, especially the third film or the prequel.
Recent Publications


Recent Presentations

Recent Presentations continued


Mayes, R. D. (2014, June). Lost in translation: Gifted students in k-12 schools. Presented at the Diocesan Summer Learning Academy, Columbus, Ohio.


Recent Presentations continued


Walls, K. L., & Kittleson, K. S. (2014, October). *Competency in affirmative therapy: Master’s level trainees experiences after participation in LGBTQA workshop.* Symposium will be conducted at the 2014 Diversity Research Symposium, Ball State University, Muncie, Indiana.

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Attention: Graduating Master’s Students!

You must apply for graduation at the Graduate School by the deadline in the semester you intend to graduate. Please see the Graduate School’s website at www.bsu.edu/gradschool for forms and more information.

**Fall 2014:**

**November 12** — Deadline to submit research papers, creative projects, theses, and dissertations.

**December 13** — Commencement

**Spring 2015:**

**February 2** — Upcoming graduation application deadline.
Upcoming Workshops & Conferences

National Rehabilitation Education Conference  
November 2-4, 2014  
Arlington, Virginia

Society for Personality and Social Psychology Annual Meeting  
February 26-28, 2015  
Long Beach, California

Great Lakes Regional Counseling Psychology Conference  
March 27-28, 2015  
Ball State University, Muncie, Indiana

Indiana School Counselors Association Fall Conference  
November 6-7, 2014  
Marriot East Hotel  
Indianapolis, Indiana

2015 National Association for Women in Psychology Conference  
Feminism and Restorative Justice  
March 5-8, 2015  
Holiday Inn Golden Gateway  
San Francisco, California

15th Annual National Rehabilitation Educators Conference  
April 22-24, 2014  
Newport Beach, California

Indiana Psychological Association Annual Fall Conference  
November 7-8, 2014  
Hilton Indianapolis North  
Indianapolis, Indiana

American Counseling Association  
2015 Annual Conference and Exposition  
March 11-15, 2015  
Orlando, Florida

2015 National Multicultural Conference and Summit  
Psychology without Borders: Reflecting Within, Reaching Out  
January 15-16, 2015  
Atlanta, Georgia

Indiana Counseling Association Annual Conference  
March 13, 2015  
Indianapolis, Indiana

2015 National Multicultural Conference and Summit  
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