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## Abstract

Emotions are a fundamental part of the human experience. They are inextricably connected to the narrative of life, interfused with every experience contained within a person's life. Yet despite occupying this integral position in the lives of human beings, emotions are extremely complex, often blurring boundaries and eluding identification. *In A Moment: A Collection of Poetry* utilizes poetry to craft a story of a fictionalized young mother who endures the death of her son and divorce from her husband. Through this narrative of loss and love, this creative thesis project confronts the complex nature of emotions, simultaneously challenging and reaffirming the knowability of human emotions.

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