

A381_2017AbstractBartonTanner

Abstract

Diabetes is a chronic condition that does not discriminate against race or ethnicity; however, those of Hispanic origin are more likely to be diagnosed with type 1 and type 2 diabetes. In this exploration, I compare epidemiological diabetes data in United States Hispanic communities, while also differentiating how type 1 and type 2 diabetes differ from one another.

With thirteen years of managing type 1 diabetes and four years of NCAA Division I athletics, I noticed a lack of diabetes information (specifically for type 1 diabetes) pertaining to competitive athletics. These particular resources were even more difficult to find in Spanish, so I created two educational brochures. One brochure is for student-athletes who live with type 1 diabetes and the other brochure is for coaches who have type 1 diabetics on their teams. All materials were originally written in Spanish, though the English translations are included in this project.

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