

ABSTRACT

DISSERTATION: Gender Role Conflict as a Mediating Factor between Traditional Machismo and Shame Proneness in Mexican Men

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Shame proneness has been shown to have serious implications on mental health. This study was designed to test a structural model of the relationship between *traditional machismo*, gender role conflict, and shame proneness, in Mexican men. A sample of 382 men participated in the study. A structural equation model was created in which gender role conflict, as measured by the Gender Role Conflict Scale-SF, would have a mediating effect between *traditional machismo*, as measured by the Machismo Measure, and shame proneness, as measured by the Personal Feelings Questionnaire-2. Results indicated the structural model was an adequate fit with the data; gender role conflict mediated the relationship between *traditional machismo* and shame proneness. Gender role conflict had a large effect on shame proneness ($\beta = .78$), and *traditional machismo* showed a large effect on gender role conflict ($\beta = .65$), but was negatively correlated with shame proneness ($\beta = -.41$). Sexual minority status was related to gender role conflict ($\beta = .28$), but negatively correlated with *traditional machismo* ($\beta = -.24$).