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Abstract

Horses have been a part of society since they were first domesticated 6,000 years ago, giving people for the first time the ability to travel up to 35 miles per hour and near 100 miles per day. This changed the way people approached the world, opening up opportunities that had never before been possible. Across history, horses have been used for consumption, managing herds of livestock, war, trade, communication, and recreation. Their vitality in society has lead people to search for faster and more efficient ways to control and manage them. But in the race for ease and speed, many have resorted to actions of violence, pain, and fear that are only effective in the short term and don't bring out the best in a horse because they have strayed too far from the horses' natural instincts. When my favorite horse went blind, I was faced with a choice: reevaluate everything I thought I knew about horses or give up on him and move on. I chose the former, launching myself on a journey of rediscovery where I learned how to truly listen to horses and their wild eyes for the very first time.

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