Abstract

For those of us who are set in our ways, we must first seek to understand that we may not grasp everything. Through my life, I have found that the best way to approach any situation or circumstance is to not have pre-conceived notions about more than we can see with the naked eye. Addiction poses a strong negative stigma, because most people see it as a choice. My personal journey through drug addiction counseling has undoubtedly changed the way I empathize with people and has inspired me to instill this transition in others.

Honors College
Ball State University
Muncie, IN 47306