Abstract

The Enneagram personality test has been used in a variety of ways including team reflection and growth. The test places individuals in one of nine distinct types based on unique characteristics. In a team made up of multiple types, it can be hard to effectively communicate while navigating the various approaches of team members. The Enneagram, along with other personality tests has been used in workshops to allow for team building. In this thesis, I will analyze multiple workshops based on different personality tests, provide information specific to the Enneagram and look at the characteristics of each type. This information will be utilized in the creation of a guide that teams can use in place of a workshop, which will serve as the creative aspect of my thesis.