

A391_2018AbstractMcKinleyCelie

Abstract

This study aims to investigate the levels of resilience in adopted versus non-adopted college students at Ball State University. Resilience is the process of adapting well in the face of adversity, stress, trauma, and tragedy (American Psychological Association, 2017). Previous research on resilience has relatively neglected college age students and there is conflicting evidence to suggest that adopted children and adults have lower levels of the components of resilience including lower self-confidence and self-esteem. The main purpose of this study will be to clarify the relationship between resilience and academic performance in adopted and non-adopted college students. In this study, adopted and non-adopted subjects will take a survey academic performance and resilience.

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