

A389_2018AbstractHobbsMadisonA

Abstract

Anxiety is a worldwide illness that continues to grow in popularity. It is important to encourage those with anxiety to seek out the treatment that works best for them. As a Christian, I see many conflicting opinions on whether anti-anxiety medication should be used to treat anxiety. Through my research, I looked at anxiety as an illness, the different treatment options that are used, and the drug Prozac that is most commonly used to treat anxiety today. I then provided my own insight to how one can still use anti-anxiety medication and be a good Christian.

Honors College
Ball State University
Muncie, IN 47306