Abstract

Children have their own movie in their minds. The images they create, the stories they ponder on, and the scenarios illustrated within their minds are so wonderfully unique to each individual. However, these wonderful thoughts, emotions, and desires, may be concealed with the cloud of doubt. Children are scared, sad, worried, or have doubt about elements of their lives. Over the span of a few months, I challenged myself to put myself in the shoes of 7-year-old me. A creative, bubbly, eager to learn individual who colored her own notebook covers and wrote her own story book about snakes in the second grade. Behind the callouses on my hands gained from my Crayola markers, and the creases on my forehead due to the immense concentration while reading my books, I had a cloud over my head for a chunk of my childhood. As much as this little girl loved to read, anxiety came to surface about how I formed my words, especially those words that contained one simple letter, L. 22-year-old me took into consideration my love for art, and my struggle in speech, to create a storybook for those who love to read, yet have similar struggles that I did. Masking such a huge insecurity of mind through the things I loved may help other children in ways I wish I needed.

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