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Abstract

While the criticisms of capitalism have always been plentiful, being entrenched in a global pandemic for the past few years has further exposed how a capitalist economy can have detrimental effects on the well-being of its people. In the United States, the productivity- and success-driven culture often places excessive demands on its citizens, while simultaneously depriving them of life satisfaction, a livable income, and physical and mental wellness. My one-woman play titled *Net Loss* strives to analyze what it means to exist in a society not designed to prioritize its citizens' well-being (often referred to as "inner peace" or "inner flame" throughout this statement) over economic profit. In this process analysis statement, I explore how I arrived at this theme and devised *Net Loss*. I reflect on the performance, the piece's effect on the audience, and how I would like to evolve the piece going into the future.

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